

*Saint James Paris*

THE SPA

GUERLAIN

# GUERLAIN

A prestige hotel in a park in the heart of Paris? A great restaurant, complete with a terrace? A private club? It is all of those things, and much more! Part château, part family townhouse, a blend of grandeur and intimacy, of classicism and extravagance...

Highly Parisian yet decidedly beyond fashion... Indefinable. Unclassifiable. Simply unique.

By hosting Guerlain in his Spa, the Saint James Paris has made a brilliant alliance combining exclusivity and excellence. And to seal this alliance and integrate it into this 19th-century bijou building, Bambi Sloan has designed a fascinating shrine. She has used a subtle Oriental/Western blend for the decoration: tiling featuring arabesque patterns, like a carpet leading to the changing rooms and hammams, a baroque velvet couch, boudoir cabins complete with vanities and large mirrors, "Cordoba leather" trompe-l'oeil panels and the like. Enter the world of magic that offers Guerlain sensory experience.

Guests of the Spa benefit from a free private car park with valet service, reserved to Saint James Club members and to hotel guests. They also have access to the famous library-bar, accessible only to Club members until 7:00 pm to enjoy a complimentary drink after the treatment.

Discover the Guerlain treatments, a perfect union of effective know-how and aesthetic expertise. Take advantage of the specific attentions of the Saint James Paris and savour an unforgettable moment of well-being.





## THE GUERLAIN SIGNATURE TREATMENT

### **DEDICACE GUERLAIN 1H30 / 220€ or 2H / 280€**

In one hour and a half, Guerlain invites you to discover the sensoriality of its body treatments and the expertise of its facials. Each treatment is delivered with flawless efficiency maximizing sensorial pleasure to leave you with a feeling of complete well-being.

Allow Guerlain to restore youth and vibrancy to your features, let your body abandon itself to the rhythmic, expert hands of your Beauty Coach. Your face looks more luminous, the features are rested, a surprising combination of lightness and pressure envelops your body: you feel redynamised for the rest of the day.

# ORCHIDÉE IMPÉRIALE, THE QUINTESSENCE OF GUERLAIN TREATMENTS

## ORCHIDÉE IMPÉRIALE PRESTIGE TREATMENT

1H30 / 255€ or 2H30 / 400€

The remarkable power of longevity of the orchid has inspired Guerlain this exceptional facial treatment, the most complete of all. The alliance of Guerlain aesthetic know-how with the efficiency of the products from the Orchidée Impériale range offers you a moment of absolute well-being and visibly transforms your skin by revealing its rediscovered youth.

The exclusive Orchidée Impériale anti-aging massage acts on the muscles of the face, décolleté and the upper part of the back. Under the action of precise movements, the muscles are stimulated, the facial contours redefined.

Nourished with different masks, the skin is smoothed thanks to the synergetic effect of the cream and the technology of the Longevity Concentrate. All the signs of ageing are corrected more quickly and more intensely. The skin recovers a perfect finish: supple and velvety, with a natural glowing effect.

## ORCHIDÉE IMPÉRIALE ULTIMATE FACE & BODY

2H / 330€ or 3H / 465€

Guerlain invites you to discover the expertise of its Orchidée Impériale face and body treatments. This anti-aging treatment is delivered with flawless efficiency maximizing sensorial pleasure to leave you with a feeling of complete well-being. With deep gestures which stimulate every muscle, the energizing massage ensures cellular renewal process and procures an amazing feeling of firmness. Your body regains tone and definition. Your skin complexion will glow with a redefined texture.





## ABEILLE ROYALE, WRINKLE CORRECTION, FIRMING FACIAL

### **ABEILLE ROYALE EXPERT TREATMENT 1H30 / 255€**

Initiate your face to the performance of this expert "lifting" and firming treatment that distills its infinite life source within the skin for a smoother and firmer face.

The initial "microdermabrasion" is followed by a special massage with warm plant infusions to purify the skin and stimulate the firming action. After an in-depth diagnosis, each wrinkle is targeted with the technical application of Abeille Royale Daily Repair Serum. This unique serum with Pure Royal Concentrate promotes the key mechanisms of the healing process within the skin to help repair wrinkles and tissue firmness.

To enhance product absorption and effectiveness, the face is massaged using the Guerlain method, then steeped in a serum bath under a mask. The result is immediate: wrinkles are filled.

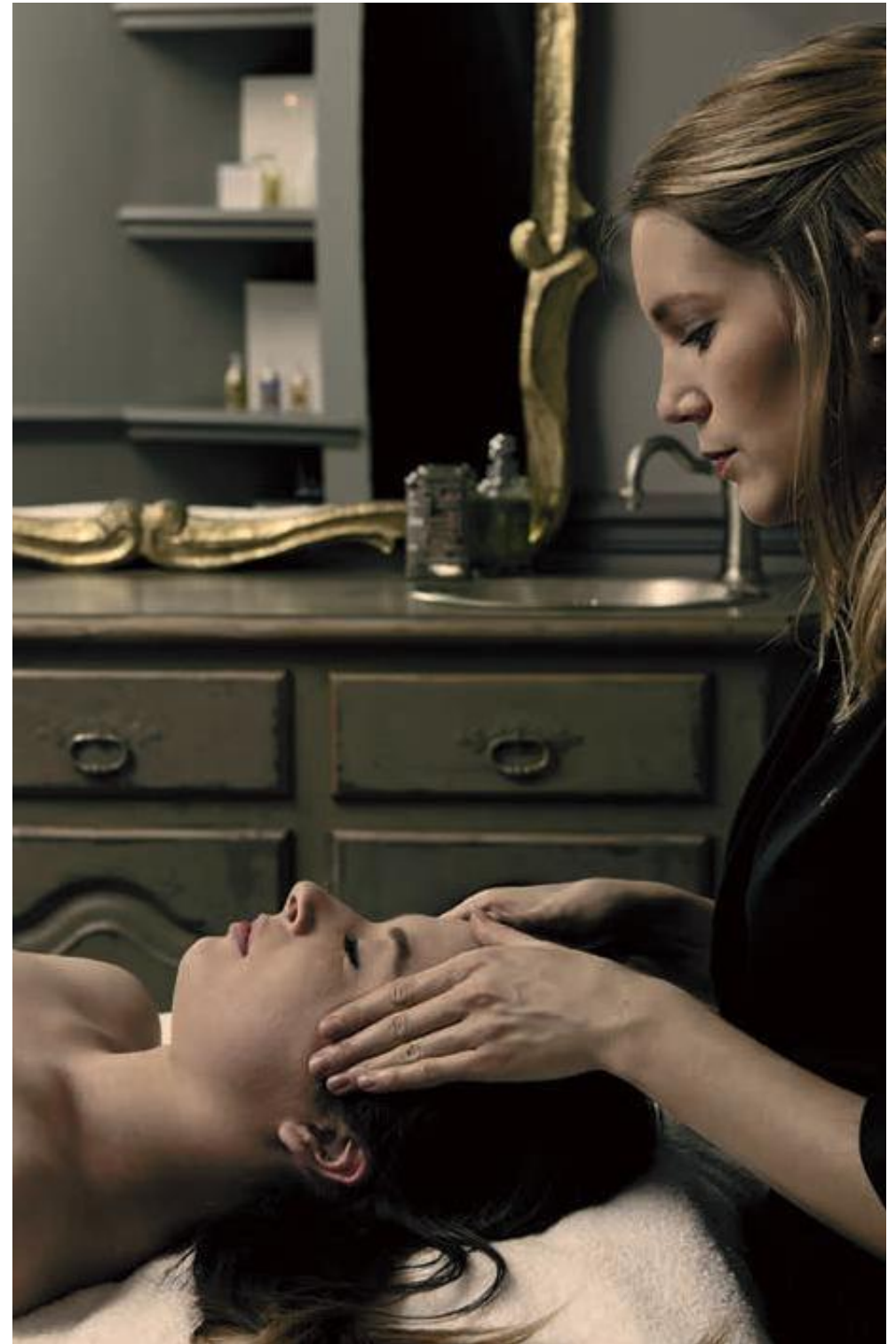
The skin is tautened and regains all of its firmness and radiance.

## FACIAL TREATMENT LIGHT & RADIANCE

### SKIN LIGHT

1H30 / 255€

This unique treatment promises to reveal the skin's natural light. It comprises "microdermabrasion" followed by in-depth work on the facial muscles to revive and illuminate the complexion. A real radiance booster, the Orchidée Impériale Radiance mask applied as a complement to the sculpting massage offers spectacular results: intensely nourished skin and an even, glowing complexion. A truly radiance-restoring session.





## FACIAL TREATMENTS, TAILOR-MADE GEMS

Guerlain facial treatments are a union of highly advanced products, aesthetic expertise, and the most refined service tailored to your unique specifications. Guerlain crafts each facial, adjusting the intensity of pressure, light, medium or strong, according to the needs of your skin.

### **INTENSIVE FACIAL 2H / 290€**

Two hours of sheer bliss for a pure and radiant beauty. A deep cleansing combined with the exclusive 25-minute Guerlain facial massage and specialty mask as well as an active skincare concentrate strengthen and reveal greater texture and tone.

### **COMPLETE FACIAL 1H30 / 230€**

The exclusive 19-minute Guerlain facial massage with an active skincare concentrate and mask round off this deep cleansing facial therapy. The ultimate 90-minute revival for devitalised skin.

### **RADIANCE FACIAL 1H / 165€**

Achieve a fresh, clear and radiant complexion in one hour with this deep cleansing coupled with the exclusive 5-minute Guerlain facial massage and mask.





## AESTHETIC ANTI-AGEING FACIAL MASSAGE

### **BEAUTY LIFT 1H / 165€**

An intense stretching programme and dynamic muscle movement to target wrinkles and activate microcirculation. The transformation is real and immediate – a complexion with rediscovered radiance, smoothed features, plumped cheeks, and the eyebrow bone naturally lifted. With a surprising sensation that you have been massaged from your head... All the way to your toes!

### **BEAUTY LIFT CURE**

Cure of 3 sessions 1H / 445€

Cure of 5 sessions 1H / 725€

### **EYE FOCUS 45 Min / 135€ - 30 Min\* / 90€**

This expert treatment dedicated to the delicate eye contour area sculpts and opens up the eye area. In-depth muscular action offers a natural lifting effect. Skin is immediately firmed and the cheekbones redefined. Draining movements with ice balls smooth and soothe the features, making tensions disappear. Your eye area is brighter and glows with vitality.

\* Eye Focus 30 minutes as a complement to any treatment.

## BODY SUBLIMATION

### **SLIM AND FIRM SILHOUETTE SINGLE 1H30 / 220€**

A melting pot of methods from the corners of the world, incorporating wrapping, rolling, kneading an in-depth treatment which opens up and frees the body in order to eliminate water and cellulite with amazing efficiency. Toxins are drained and the circulation of the blood improved. Thanks to Guerlain "Perfect Curves Shaping Serum" and "Ultimate Body Remodelling Cream", the legs and hips feel lighter and the body is newly slender.

### **INTENSIVE BODY THERAPY 2H / 280€**

The very essence of body therapies, this complete programme combines the strengths of an invigorating body polish, replenishing body wrap and customised skincare concentrate massage to sublimate the skin from head to toe in a haven of luxury and voluptuous pleasure.

### **BODY POLISH 1H / 150€**

An invigorating and rejuvenating body polish transport you to a total state of relaxation. Coupled with a hydrating treatment, this therapy leaves your skin healthy, refined and as soft as silk.

### **PURE AND RADIANT BACK TREATMENT 1H / 150€**

Experience a sublime sense of well-being during this deep steam cleansing of the back that purifies, hydrates and revitalises your skin.

## HANDS AND FEET TREATMENTS

### **COMPLETE HAND OR FOOT THERAPY 45 Min / 115€**

Cosily laid down, rediscover perfect hands or feet. A gentle exfoliation, cuticle repair, hydrating treatment, massage and wrap create a sublime experience for your nails and skin. (Without nail polish application)

### **NAIL POLISH APPLICATION 20 Min / 35€**





## MASSAGES ESTHETIQUES INEDITS

### **BODY LIFT 1H30 / 220€**

This energetic body massage relies on softening and kneading the muscles in order to regain tone and definition. A deep back massage, followed by a series of targeted smoothing and fluid movements help to sculpt the body and firm the silhouette. At the heart of the treatment, lies an intense stimulation of the cellular renewal process leading to additional firmness of the muscles and of the skin. As good as a session at the gym!

### **FEMININE BEAUTY RITUAL 1H / 150€**

A ritual dedicated to women's beauty and well-being. By using a variety of massage techniques to stimulate different zones and pressure points on the face, this massage improves the regulation processes. Deep smoothing and stretching movements stimulate and "revitalize" the organs and gently regulate energy for a relaxed and flat stomach. This unique ritual naturally relaxes and lightens symptoms typically experienced by women.

### **BODY SUPPLENESS & HARMONY RITUAL 1H / 150€ ou 1H30 / 220€**

Using friction techniques and cross-like movements this ritual uniquely works on the ligaments and tendons as if they were strings on an instrument: stretching and bending in both directions. The joints are loosened, liberated from stiffness. The body rediscovers a new suppleness; the skin tissue is better oxygenated. Then, its intensive sweeps restore energy in the body. A moment of calm that resources the body and the mind.

## HARMONIZING MESSAGES

### **BACK MASSAGE 30 MIN / 70€**

Experience a moment of peace with this unique and complete massage. From the upper neck to the lower back, all your tensions are relieved. The feeling of suppleness is real and lasting, the muscle relaxation is perfect.

### **DEEP MUSCULAR MASSAGE**

**1H / 160€ or 1H30 / 230€**

Reshape and tone the body through deep relaxation. A powerful and sensorial ritual where the most solicited muscles are stimulated using techniques borrowed from the world's five most powerful ancestral methods. Tensions are unravelled and muscles are reinforced for the long term.

### **MODELAGE RELAXANT IMPÉRIAL**

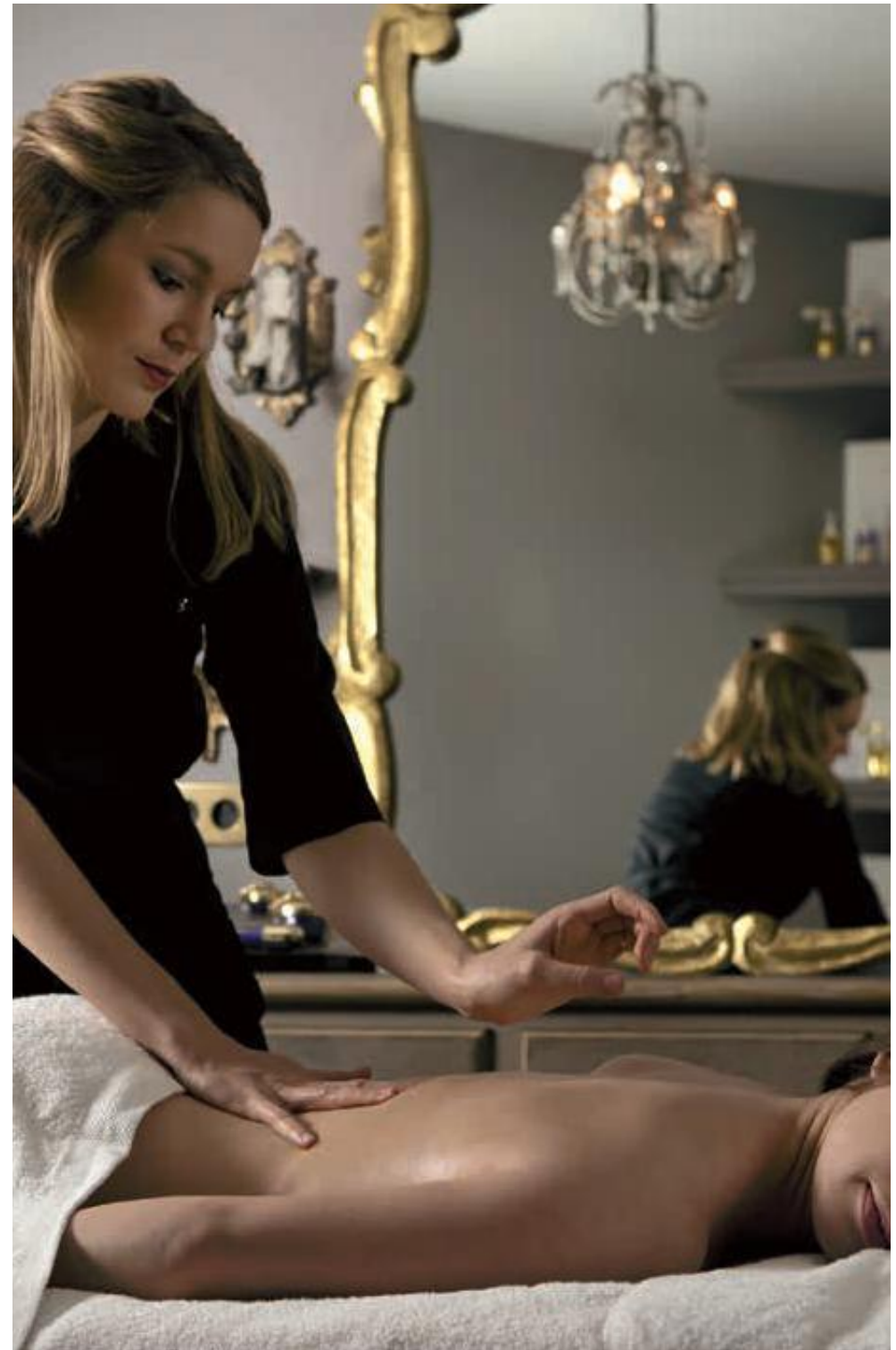
**1H / 150€ or 1H30 / 220€**

This massage pays homage to the Eau de Cologne Impériale. Transporting you to an anti-stress cocoon, this multisensorial experience inspires complete calm, leaving you totally relaxed and invigorated. The Imperial Relaxing Massage facilitates oxygenation, stimulates circulation and provides a profound sense of serenity.

### **MODELAGE IMPÉRIAL À 4 MAINS**

**1H / 305€ or 1H30 / 420€**

Modelled upon the signature Impériale Relaxing Massage, this masterful ballet of expert hands offers a unique and absolute sensorial experience. At the very first gesture, you surrender to the tranquillity, abandoning yourself to the voluptuous sensation of lightness and well-being.





## WAXING

UPPER LIP 15 MIN / 40€

EYEBROWS 15 MIN / 40 € or 30 MIN / 65 €

ARMPITS 15 MIN / 40€

HALF LEGS 30 MIN / 65€

HALF ARMS 30 MIN / 65€

FULL ARMS 45 MIN / 90€

CHEST 45 MIN / 90€

BACK 45 MIN / 90€

FULL LEGS 60 MIN / 95€

BIKINI 15 MIN / 45€ or 30 MIN / 75€

## THERAPIES FOR MEN

### **ENERGIZING FACIAL 1H / 165€**

Give your skin a boost! Uncover a fresh complexion through deep cleansing. Exfoliation, massage and mask, coupled with a complimentary eye treatment, create a more radiant, smooth and luminous skin.

### **SKIN-SAVER FACIAL 1H30 / 230€**

A facial energizing – fully addressing your expectations in efficiency, skin sensation and well-being. Following an invigorating exfoliation, your skin is strengthened and revived with Guerlain's exclusive facial massage and specialty mask.

### **MANICURE FOR MEN 45 Min / 115€**

### **PEDICURE FOR MEN 45 Min / 115€**

### **INVIGORATED BREAK 1H / 165€**

Eager to relieve stress and boost your energy? This Invigorating Break for men-on-the-move includes an energizing body massage, a complete facial exfoliation and an eye contour treatment to reduce visible fatigue, restoring and replenishing skin's tone and elasticity.

### **ULTIMATE EXPERIENCE 3H / 430€**

For three blissful hours, Guerlain addresses all your needs, cocooning you in tranquillity with a revitalising facial, body massage, manicure or pedicure. Emerge replenished in a state of complete serenity – a whole new you.

## LES CURES

### **COCOONING BREAK**

**Cure of 10 massages 1H / 1400€**

**Cure of 10 massages 1H30 / 1900€**

These cures are valuable for a year.

### **BEAUTY LIFT CURE**

**Cure of 3 sessions 1H / 445€**

**Cure of 5 sessions 1H / 725€**

These cures are valuable for a year.

### **SLIM AND FIRM CURE / 970€**

**Slimming cure: 2 treatments of 1h30 and 2 treatments of 2 hours.**

This slimming cure alternates between 1h30 treatment and 2 hours treatment which is composed of body polish performed at first. Day after day, the skin is firm and smooth.

## SAINT JAMES MOMENTS

Escape into a delicious moment just for you – an experience as luxurious as it is unforgettable.

### **IMPERIAL SUNDAY 2H / 335€**

“Dedicace Guerlain” face and body treatment 2h, gourmet brunch at the restaurant of the Saint James Paris\*.

### **RESTORE YOUR ENERGY 3H / 370€**

Deep Muscular Massage 1h30 and Complete Facial 1h30.

### **PRECIOUS MOMENT 3H / 370€**

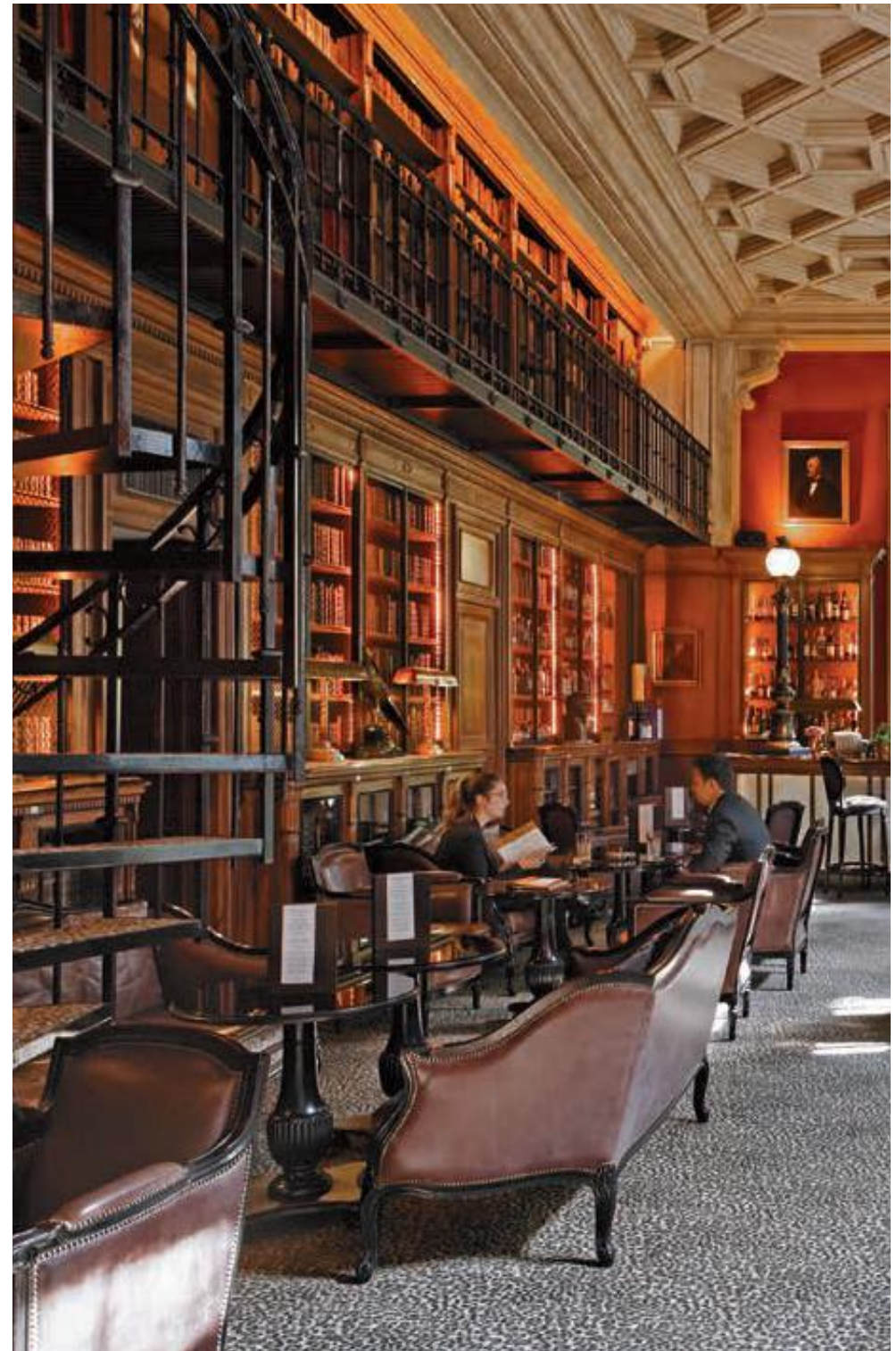
Imperial Relaxing Massage 1h30 and Complete Facial 1h30.

### **LIFT YOUR FACE & BODY 2H30 / 385€**

Beauty Lift, 30-minutes Eye Focus, 60-minutes Body Lift

An access to the steam rooms is offered before treatments.

\*Brunch on Sunday for one person the day of the treatment, without alcoholic drinks.



# GUERLAIN SPA GIFT CERTIFICATE

Give the treasured gift of Guerlain – an experience as luxurious as it is unforgettable. Select from our wide array of Spa treatments and Guerlain products.



## INFORMATION

### OPENING HOURS

Open daily from 9:00 am to 7:30 pm.

Exceptionally, treatments can be booked out of the opening hours of the Spa. Therefore, an extra charge of 50% of the treatment rate will be charged for the treatments performed after 7:30 pm. We highly recommend booking your treatment in advance to ensure that your preferred time and service is available. Spa appointments can be booked at the Reception of the hotel.

### CANCELTION POLICY

Please allow 24 hours notice of cancellation to avoid charges. Cancellations within 24 hours will incur 50% charge. Cancellation within 12 hours or a no show will incur a 100% charge. Late arrivals will not receive an extension of scheduled treatments unless our schedule enables us to offer you the full service.

### ARRIVAL AT THE SPA

To facilitate your time management, the therapy durations indicated correspond to the length of your treatment at the Spa. We respectfully request that you arrive at least 10 minutes prior to your appointment so that we may acquaint you with our facilities.

### CHANGING ROOM AND STEAM ROOM

You can relax and take benefit of the steam room in each changing room. The lockers keys are available at the Reception of the hotel.

### GIFT CERTIFICATE

Beautifully presented, our Spa gift certificates are the perfect gift for any occasion! They are available anytime at the reception desk of the hotel. Gift certificates are non-refundable, non-transferable and are valid for 6 months. Using a gift certificate must be specified at the reservation of the treatment.

### SPA BOUTIQUE

To continue your Spa experience at home, Guerlain cosmetics used in the treatments are available in our Spa boutique. If you would like to purchase a product out of a treatment scheduled, the receptionists of the hotel are at your disposal to advise you.

### TREATMENTS

The treatments proposed are for the purpose of stress reduction, well-being and beauty. We recommend that you consult a healthcare professional for any medical examination.

### LOSS OR DAMAGE

We regret that we cannot be responsible for any loss or damage of personal articles. We recommend you to keep your valuables locked in your locker during your visit provided in the changing room. The Spa does not assume liability for any valuables.

### AGE LIMIT

The minimum age requirement for access to treatments and facilities of the Spa is 18.

### RELAXATION

Our Spa environment is one of tranquility and relaxation. For the comfort of the others, we would appreciate that you turn off your cell phones or other electronic devices inside the Spa.



*Saint James Paris*

THE SPA

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