

ENTER A WORLD

OF ABSOLUTE BEAUTY

AND WELL-BEING



Romantic by nature, Parisian by excellence! Part château, part family townhouse, the Saint James Paris is a legendary address, tucked away from prying eyes. Altogether a Relais & Châteaux member hotel and a private club, It cultivates the quintessential Parisian art de vivre, reconciling paradoxes with elegance and feather-light touch. Grandiose and intimate. Romantic and exclusive.

Fully renovated in 2021, the Saint James Paris hosts the prestigious Maison Guerlain in its Spa combining exclusivity and excellence and stretching over 400 square meters and two floors. It offers three handsome treatment rooms including one double, a fitness room and a well-being area with a hammam, a sauna, a whirlpool and a sublime surprise: an sumptuous  $15 \times 4$  metre swimming pool. The majestic Burgundy stone staircase, large vaulted spaces, Greco-Roman details and a bas-relief by François Mascarello alongside the pool transport you to a luxurious and peaceful universe.

Guests of the Spa benefit from the well-being area one to two hours before their appointment time in case they book a treatment of minimum 1h long.

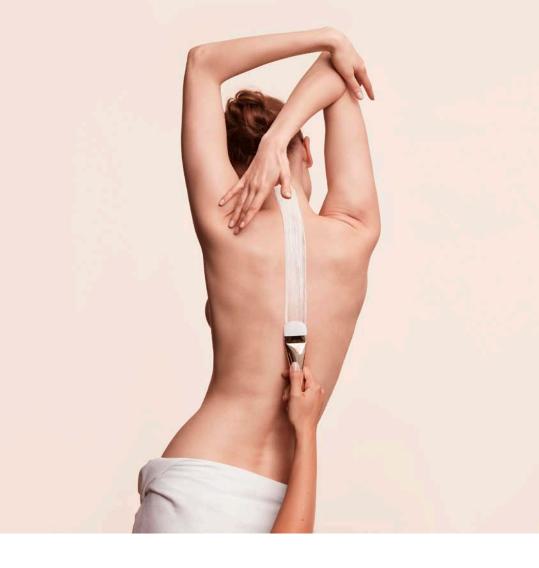
Discover the Guerlain treatments, a perfect union of effective know-how and aesthetic expertise. Take advantage of the specific attentions of the Saint James Paris and savour an unforgettable moment of well-being.



# & daring

Guerlain opened its Institute and aesthetic training school in 1939. It has since trained all its Beauty Experts there, inspiring them to be ambassadors for Guerlain excellence. Throughout the world, these Experts carry out treatments requiring tremendous technical skill, such as the 19-minute facial treatment, which is considered as an industry standard. Spurred on by its pioneering and enterprising vision, Guerlain has been developing massage techniques that combine tradition and innovation for the past 80 years.

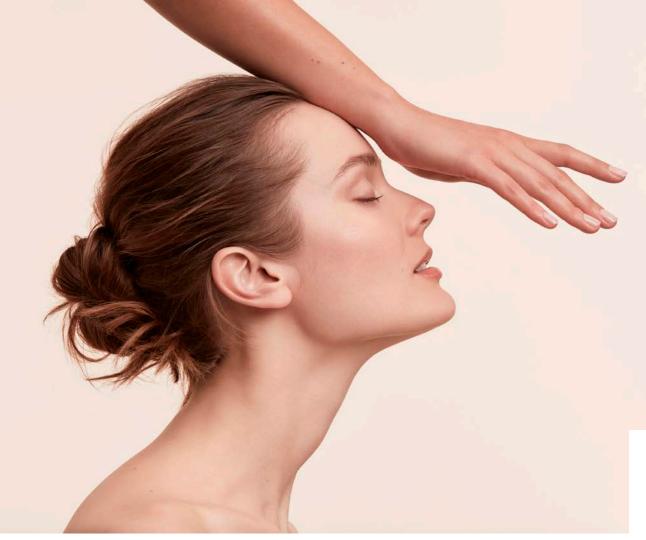
With its years of know-how and expertise, Guerlain ensures that every single treatment is an outstanding and personalised experience. Guerlain Beauty Experts perform Guerlain protocols with perfect skill, while being attentive to each individual. The diagnosis stage allows the Experts to adapt their movements and pressure to meet precise needs and expectations. For a unique and absolutely unforgettable experience...



AN INDIVIDUAL APPROACH

FOR INSTANTLY VISIBLE AND

LASTING RESULTS



# the senses

Inside an intimate cocoon, soothed by relaxing music, the senses are aroused and the mind is calmed. Before each treatment, Beauty Experts ask each guest to choose their own olfactory theme to create an atmosphere of relaxation and serenity. This theme helps to encourage gentle relaxation and to ensure that the journey to well-being is enjoyed to the full.

Rare orchids with outstanding longevity properties, healing bee products... Since it was founded, Guerlain has been inspired by nature, respectfully drawing on its sensoriality and effectiveness. This unique quest for perfection is echoed at every single Guerlain Spa. Inside each haven, complex rituals are performed to the most exacting standards, the result of extensive development and research. So that every single Guerlain treatment, throughout the world, is an unforgettable experience.

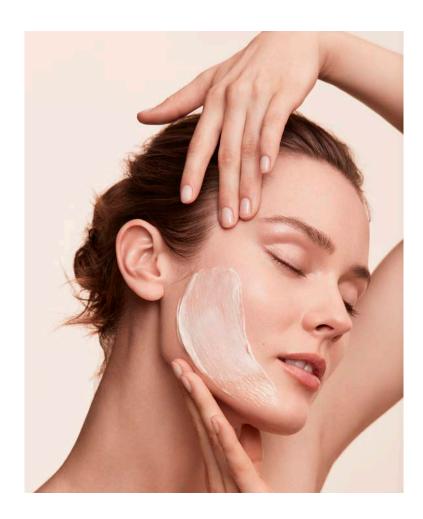
A MULTI-SENSORIAL EXPERIENCE

WHERE PLEASURE

MEETS EFFECTIVENESS

# **EXCLUSIVE TREATMENT**

Signed By Guerlain



GUERLAIN HAS CREATED AN EXCLUSIVE EXPERIENCE FOR THE SAINT JAMES PARIS, OFFERING A TRUE RENEWAL FOR THE BODY AND MIND.

# **DEDICACE GUERLAIN** 1.5 HRS - 2 HRS

In one hour and a half, Guerlain invites you to discover the sensoriality of its body treatments and the expertise of its facials. Each treatment is delivered with flawless efficiency maximizing sensorial pleasure to leave you with a feeling of complete well-being.

Allow Guerlain to restore youth and vibrancy to your features, let your body abandon itself to the rhythmic, expert hands of your Beauty Expert. Your face looks more luminous, the features are rested, a surprising combination of lightness and pressure envelops your body: you feel redynamised for the rest of the day.



# ORCHIDÉE IMPÉRIALE

# Complete anti-ageing



THE SELECTION OF ORCHIDÉE IMPÉRIALE TREATMENTS

CONTINUES TO EVOLVE,

FOR ENHANCED PLEASURE AND EFFECTIVENESS.

# ORCHIDÉE IMPÉRIALE PRESTIGE TREATMENT 1.5 - 2.5 HRS

This complete anti-ageing treatment is a multi-sensorial allencompassing experience. The exclusive protocol, based on the Orchidée Impériale range, redefines and firms the skin, erasing wrinkles. Pamper yourself in pure pleasure, and leave the treatment radiant and glowing with beauty.

# ORCHIDÉE IMPÉRIALE ULTIME TREATMENT 1.5 HRS

A complete treatment for the pleasure of the senses, in which each of your muscles is stimulated during a vigorous massage. Your body is sculpted and your skin illuminated. Anti-ageing effectiveness and flawless well-being.

# ABEILLE ROYALE

# Absolute repair



PROVIDING OUTSTANDING NATURAL HEALING PROPERTIES,
BEE PRODUCTS INSPIRED GUERLAIN TO CREATE TARGETED
TREATMENTS TO COMBAT THE SIGNS OF AGEING.

# **HONEY REPAIR TREATMENT** 1.5 HRS

Guerlain brings a new angle to its expert treatment designed with the Abeille Royale range to reap all the benefits offered by bee products. It starts off with a microdermabrasion to perfectly smooth the skin texture, followed by a purifying massage with warm plant infusions to perfectly stimulate the epidermis. Then, each wrinkle is the focus of attention using the Abeille Royale Serum application technique, which acts on the key processes in skin reconstruction. Finally, the new Abeille Royale cataplasm mask, inspired by honey wounds dressings, is applied. It is tailored to the needs of each individual woman to create a smoothing and repairing effect. Through this complex protocol, the signs of ageing gradually fade away. The skin is firmer, and the face opens up and appears illuminated... A catalyst for youth to be enjoyed without moderation.

# PERSONALISED TREATMENTS

Unique experiences



GUERLAIN HAS DESIGNED PERSONALISED MASSAGES

TO MEET THE NEEDS OF ALL SKIN TYPES.

WHERE TECHNICAL SKILL MEETS SOPHISTICATION.

# **INTENSIVE FACIAL TREATMENT 2 HRS.**

The skin's beauty is revealed and enhanced during this treatment that includes an exclusive massage, a specific mask and a targeted active concentrate... Tailoring the protocol to each individual, the Beauty Expert artfully and precisely adapts her movements and the intensity of the massage for instantly visible results.

# **COMPLETE FACIAL TREATMENT** 1.5 HRS

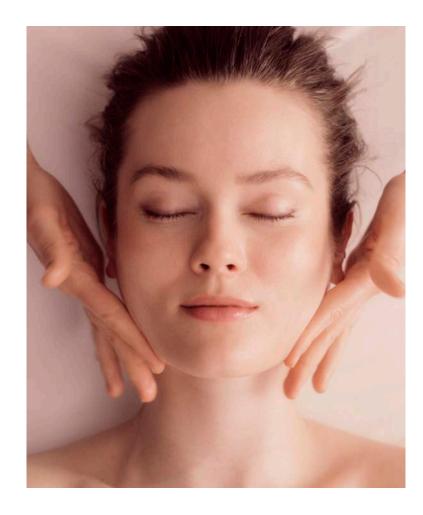
An essential Guerlain skincare classic. The exclusive Guerlain massage is the star of this show, enhanced with a targeted active concentrate, a mask and facial cleansing to meet the skin's needs perfectly. The features are relaxed and the face is radiant. An absolute must.

# RADIANCE FACIAL TREATMENT 1 HR

A fresh, clear and glowing complexion... This delicious treatment combines an exclusive Guerlain massage, the intensity of which is adapted to individual needs, with a mask that acts as an impressive radiance booster. Give in to temptation.

# AESTHETIC ANTI-AGEING MASSAGES

Secrets of youth



GUERLAIN HAS FINE-TUNED SOME UNIQUE TECHNIQUES

TO PLUMP THE FACE AND SCULPT THE EYES.

UNIQUE MOVEMENTS TO COMBAT THE EFFECTS OF TIME.

# FACE SCULPT 1 HR - PROGRAMME OF 4 OR 8 SESSIONS

The Face Sculpt treatment brings you all of Guerlain's facial expertise in one hour. This cutting-edge aesthetic sculpting massage restores firmness, glow and youth to the skin. With its deep muscular action, it shapes the facial contours, emphasizes the cheekbones, opens up the eyes and erases wrinkles. The facial foundations are deeply enhanced and natural glow is instantly restored. A revolutionary lifting effect to look younger for longer!

# **SKIN LIGHT** 1.5 HRS

This treatment delivers an immediate radiance boost and reveals the skin's natural glow. Microdermabrasion and a deep muscle massage for the face, enhanced with the Orchidée Impériale Radiance mask are just some of the secrets this treatment has to offer. The results are spectacular. The complexion is even and beautiful.

# **EYE FOCUS** 45 MINS

This expert treatment sculpts and widens the eyes.

The eye contour is left smoother, sculpted and revived...

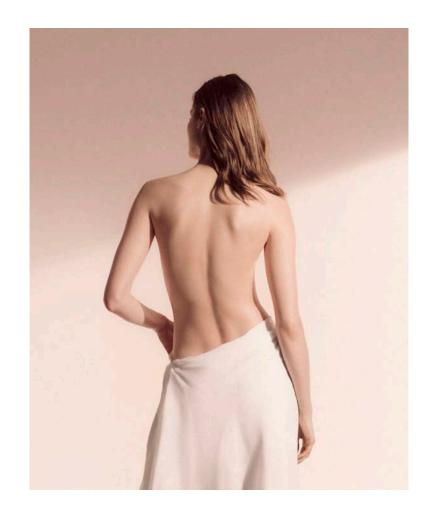
The whole face positively glows with new-found radiance!

\* 30 mins Eye Focus in addition to any other treatment.



# INTENSE BODY ENHANCEMENT

A perfect silhouette



TREAT YOUR STRESSED AND WORN OUT BODY

TO A WELL-DESERVED BEAUTY BREAK. AN EXTRAORDINARY

EXPERIENCE OF PLEASURE AND WELL-BEING.

# BODY SCULPT 1 - 1.5 HRS PROGRAMME OF 4 OR 8 SESSIONS

Kneading, rolling, rocking... This treatment combines the world's most effective techniques to refresh and liberate the body. Toxins are drained away, and blood circulation is improved. After the treatment, the legs and hips feel lighter, and the figure is naturally slimmer.

# **INTENSIVE BODY THERAPY** 2 HRS

Scrub, wrap, personalised massage... This treatment is an exceptional and sensual experience that deliciously enhances the body.

# **BODY POLISH** 1 HR

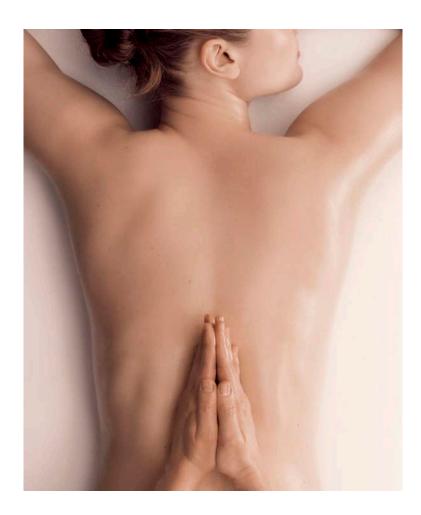
The skin is clear and refined, as soft as silk, with a surprisingly relaxing effect. The scrub is an invitation to well-being.

# PURE AND RADIANT BACK TREATMENT 1 HR

Experience a sublime sense of well-being during this deep steam cleansing of the back that purifies, hydrates and revitalises your skin.

# BODY MASSAGE

# Relaxation and energy



RELAX COMPLETELY OR BOOST YOUR ENERGY WITH THESE BODY MASSAGES INCORPORATING PRECISE AND BALANCED TECHNIQUES.

# **BACK MASSAGE** 30 MINS

Experience a moment of peace with this unique and complete massage. From the upper neck to the lower back, all your tensions are relieved.

# **DEEP MUSCULAR MASSAGE 1 - 1.5 HRS**

This powerful ritual is based on five of the most effective ancestral methods in the world. It sculpts, strengthens and tones the muscles, releasing tension for deep relaxation.

# **IMPERIAL RELAXING MASSAGE 1 - 1.5 HRS**

Paying tribute to Eau de Cologne Impériale, this signature Guerlain massage arouses all the senses. It stimulates circulation, promotes oxygenation and brings about irresistible relaxation.

# 4-HAND IMPERIAL MASSAGE 1 HR

This ballet of expert techniques, developed from the Imperial Relaxing massage, promises to deliver a wonderfully uplifting sensation of well-being. Let yourself go.

# HAND & FOOT TREATMENTS

The search for perfection



THEY ARE ON THE FRONT LINE! THE FEET AND HANDS SUFFER DAMAGE ON A DAILY BASIS. DON'T NEGLECT THEM, TREAT THEM TO THE CARE THEY DESERVE.

# **COMPLETE HAND OR FOOT TREATMENT 45 MINS**

Gentle scrub, repairing cuticle treatment, a moisturising massage for the hands or feet... This treatment is perfect for those who want to look absolutely flawless, right down to the tips of their fingers. (without nail polish application)

# **NAIL POLISH APPLICATION 20 MINS**

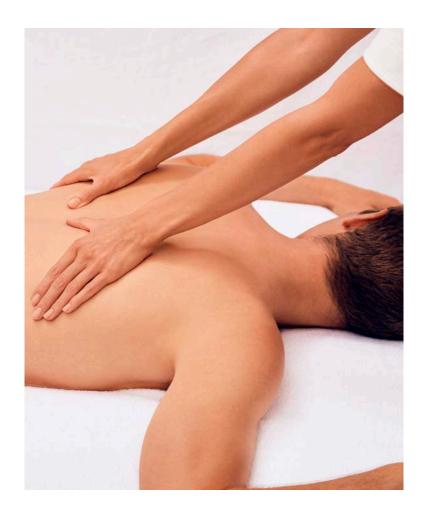
You will choose between a classic nail polish application or a gel nail polish Green Flash.

# WAXING

On demand

# TREATMENTS FOR MEN

Look and feel great



LET GO OF STRESS AND STRAINS
AND TAKE SOME TIME OUT TO TAKE CARE
OF YOUR SKIN, BODY AND MIND.

# **SKIN SAVER FACIAL** 1.5 HRS

This treatment includes a scrub, exclusive face massage, mask and eye contour treatment. It restores radiance and comfort to the face. A real confidence booster.

# **ENERGIZING FACIAL** 1 HR

Sometimes the skin deserves a boost! This treatment includes a scrub, massage, mask, and eye contour treatment to restore freshness.

# INVIGORATED BREAK 1 HR

Eager to relieve stress and boost your energy? This Invigorating Break for men-on-the-move includes an energizing body massage, a complete facial exfoliation and an eye contour treatment to reduce visible fatigue, restoring and replenishing skin's tone and elasticity.

# **ULTIMATE EXPERIENCE 3 HRS**

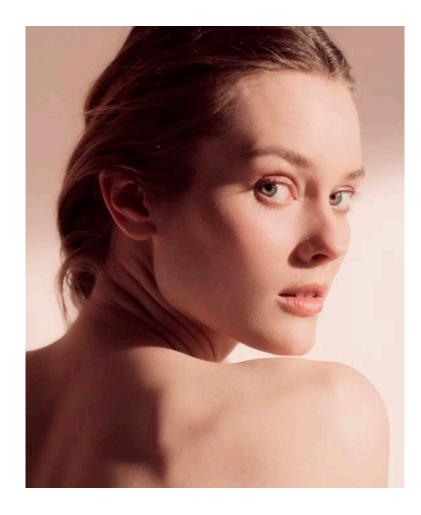
For three blissful hours, Guerlain addresses all your needs, cocooning you in tranquillity with a revitalising facial, body massage, manicure or pedicure.

Emerge replenished in a state of complete serenity – a whole new you.

All the other treatments in our catalogue are suitable and available for men.

# AN EXPERIENCE OF ABSOLUTE RELAXATION

# Exceptional pampering



TREAT YOURSELF TO A DAY OR HALF-DAY PROGRAMME
TO PAMPER YOUR BODY AND REPLENISH YOUR ENERGY,
RADIANCE AND YOUTH.

# **PRECIOUS MOMENT 3 HRS**

Imperial Relaxing Massage (1.5 hr) Complete Facial Treatment (1.5 hrs)

# **BOOST YOUR ENERGY 3 HRS**

Deep Muscular Massage (1.5 hrs) Honey Repair Treatment (1.5 hrs)

# **LIFT YOUR FACE AND BODY 2.5 HRS**

Face Sculpt (1 hr)
Deep Muscular (1 hr)
Eye Focus (30 mins)

# **COCOONING BREAK 1 - 1.5 HRS**

Cure of 10 massages (1h or 1.5 hrs) These cures are valuable for a year.











# around the world

#### **EUROPE**

L'Institut, 68 avenue des Champs-Élysées, Paris, France
Saint James Spa, Saint James, Paris, France
Relais Christine Spa, Relais Christine, Paris, France
Guerlain Spa, Trianon Palace Waldorf Astoria, Versailles, France
Guerlain Spa, Intercontinental Bordeaux, Le Grand Hôtel, Bordeaux, France
Spa Impérial, Hôtel du Palais, Biarritz, France
Guerlain Spa, Le Brussel's, Val d'Isère, France
Spa Cheval Blanc, Cheval Blanc Courchevel, France
Spa Cheval Blanc, Cheval Blanc St-Tropez, France
L'Institut, Dlouhá 704, Prague, République Tchèque
Guerlain Spa, Waldorf Astoria Berlin, Allemagne
Guerlain Spa, The Caledonian Waldorf Astoria Edinburgh, Royaume-Uni
Guerlain Spa, The Woodward, Genève, Suisse
Guerlain Spa, Waldorf Astoria Amsterdam, Pays-Bas

### ASIE

Socie, 12 E.S.G.P. (Esthetique Salon Guerlain Paris), Japan Guerlain Spa, The Shilla Seoul & The Shilla Jeju, South Korea Guerlain Institute, 7/F, 1 Duddell Street, Central, Hong Kong Guerlain Spa Institute at Sogo II, Taiwan

#### NORTH AMERICA

Guerlain Spa, The Plaza Hotel, New York, United States Guerlain at the Breakers Spa, Palm Beach, United States Guerlain Spa, Hotel X, Toronto, Canada

#### **AFRICA & MIDDLE-EAST**

Guerlain Alfardan Spa, Alfardan Towers, Doha, Qatar Guerlain Spa, One&Only The Palm, Dubai, United Arab Emirates Guerlain Spa, Waldorf Astoria Jerusalem, Israël Guerlain Spa, Four Seasons, Tunis, Tunisia Guerlain Spa, Four Seasons, Casablanca, Morocco

#### **SPA RESORTS**

Cheval Blanc Spa, Cheval Blanc Randheli, Maldives Cheval Blanc Spa, Cheval Blanc St-Barth Isle de France

Spa addresses can be found on www.guerlain.com

# TREATMENTS & MASSAGES

FACE			BODY		
Orchidée impériale treatments		intense body enhancement			
Orchidée Impériale Prestige Treatment	1.5 hr 2.5 hr	260 € 405 €	Body Sculpt Treatment	1.5 hrs 1 hr	225€ 160€
Orchidée Impériale Ultime Treatment	1.5 hrs	270€	<ul> <li>Body Sculpt Cure</li> </ul>	8 x 1 hr 4 x 1 hr	
ABEILLE ROYALE TREATMEN	IT		Intensive Body Therapy Body Polish Pure and Radiant Back Treatment	2 hrs 1 hr 1 hr	285 € 155 € 155 €
Honey Repair Treatment	1.5 hrs	260€	Tota did Radiani back fredilieni	1 111	155 C
PERSONALISED TREATMEN	TS		relaxation & energy		
Intensive Facial Treatment Complete Facial Treatment Radiance Facial Treatment	1.5 hrs	300€ 235€ 170€	Back Massage Deep Muscular Massage	30 min 1.5 hrs 1 hr	75 € 235 € 165 €
AESTHETIC ANTI-AGEING N	MASSA	AGES	Imperial Relaxing Massage	1 hr	225€ 155€
Face Sculpt • Face Sculpt Cure	1 hr 8 x 1 hr 4 x 1 hr	175€ 1240€	4-Hand Imperial Massage	1 hr	310€
Skin Light	1.5 hrs	260€			

45 mins 140 € 30 mins\* 95 €

# **EXCLUSIVE TREATMENT**

\* 30 mins Eye Focus in addition to any other treatment

# SIGNATURE EXPERIENCE

Eye Focus

Dedicace Guerlain	1.5 hrs	225€
	2 hrs	285€

# TREATMENTS FOR MEN

FACE		
Skin Saver Facial	1.5 hrs	235€
Energizing Facial	1 hr	170€
FACE & BODY		
Invigorated Break	1 hr	170€
Ultimate Experience	3 hrs	435€

# **HAND & FOOT**

# HAND & FOOT TREATMENTS

Complete Hand or Foot Treatment	45 mins	120€
(without nail polish application)		
Nail Polish application	20 mins	40€

# WAXING

### WAXING

Upper Lip / Under Arm /		
Eyebrows (maintenance)	15 mins	40€
Eyebrows (creation) /		
Half-Leg / Half-Arm	30 mins	65€
Full Arm / Torso / Back	45 mins	90€
Full Leg	1 hr	95€
Bikini	15 mins	45€
Brazilian	30 mins	75€

# **HALF-DAY METAMORPHOSIS**

PRECIOUS MOMENT	3 hrs	380€
Complete Facial Treatment Imperial Relaxing Massage	1.5 hrs 1.5 hrs	
BOOST YOUR ENERGY	3 hrs	450€
Deep Muscular Massage Honey Repair Treatment	1.5 hrs 1.5 hrs	
LIFT YOUR FACE & BODY	2.5 hrs	390€
EIFT YOUR FACE & BODY Face Sculpt Deep Muscular Massage Eye Focus	2.5 hrs  1 hr 1 hr 30 mins	390€
Face Sculpt Deep Muscular Massage	1 hr 1 hr	390€

# Opening Hours from Monday to Sunday

# TREATMENTS

9:30 am - 7:30 pm		
FACILITIES	AM	PM
External Guest Swimming pool & fitness facilities	10:30	<i>7</i> :30
Members & Hotel Guest		
Fitness facilities	7:00	9:00
Swimming pool	7:00	9:30

The duration indicated includes the time of beauty diagnosis, treatment, personalized advices, undressing and dressing.

The minimum age requirement for access to the fitness is 18 - For the aqua facilities minors must be accompanied by an adult .

# and conditions of sale

#### YOUR CUSTOMISED SPA

Transform a Guerlain Spa into your own exclusive setting for an afternoon of treatments with friends, or any other specific request. We are here to make your dreams come true. Don't hesitate to contact us for a customised offer.

#### **GUERLAIN BEAUTY BREAKS**

Treat someone special to an unforgettable and luxurious experience with Guerlain Spa Beauty Breaks. Choose your gift from a wide selection of treatments and products by Guerlain.

# **GUERLAIN AESTHETIC MASSAGE**

The massages we offer are for beauty and aesthetic purposes. If you are looking for therapeutic massages, we recommend consulting a physician for advice.

#### TREATMENT DURATION

For efficient planning, the duration times listed correspond to the treatment time inside the Spa. To make the most of your experience, we suggest you arrive 10 minutes before your scheduled appointment time.

#### PEACE OF MIND

In order for you to experience your Spa visit with complete peace of mind, we have safes available in each of our treatment rooms for you to store your personal valuables.

#### A TRANQUIL SETTING

Our Spa is a place to relax and unwind, so we kindly ask you turn off your mobile telephones in order to make the most of your experience and preserve the peaceful environment for other visitors.

# BOOKINGS, CANCELLATIONS AND LATENESS

In order for us to guarantee availability, we recommend that you make your appointment well in advance of your chosen date. If you are not able to attend, please cancel your appointment with at least 24 hours' notice. Otherwise, we will be obliged to charge you for the price of the treatment you had scheduled. Naturally, if we were in the unfortunate position of having to cancel your appointment with less than 24 hours' notice, we would compensate you for the amount of the treatment. If you are delayed, we will make every effort to offer you the treatment you have booked, if our schedule allows. However, if this is not possible, we will have to cut your treatment short and finish at the scheduled time.

#### SPA GUERLAIN

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# GUERLAIN SPA