



**GUERLAIN**  
SPA



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saint james

spa

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**ENTER A WORLD  
OF ABSOLUTE BEAUTY  
AND WELL-BEING**

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Romantic by nature, Parisian by excellence! Part chateau, part family townhouse, the Saint James Paris is a legendary address, tucked away from prying eyes. Altogether a Relais & Châteaux member hotel and a private club, it cultivates the quintessential Parisian art de vivre, reconciling paradoxes with elegance and feather-light touch. Grandiose and intimate. Romantic and exclusive.

Fully renovated in 2021, the Saint James Paris hosts the prestigious Maison Guerlain in its Spa combining exclusivity and excellence and stretching over 400 square meters and two floors. It offers three handsome treatment rooms including one double, a fitness room and a well-being area with a hammam, a sauna, a whirlpool and a sublime surprise: an sumptuous 15 x 4 metre swimming pool. The majestic Burgundy stone staircase, large vaulted spaces, Greco-Roman details and a bas-relief by François Mascarello alongside the pool transport you to a luxurious and peaceful universe.

Guests of the Spa benefit from the well-being area one to two hours before their appointment time in case they book a treatment of minimum 1h long.

Discover the Guerlain treatments, a perfect union of effective know-how and aesthetic expertise. Take advantage of the specific attentions of the Saint James Paris and savour an unforgettable moment of well-being.

# THE ART OF SKINCARE



# KNOW-HOW & DARING

Guerlain opened its Institute and aesthetic training school in 1939. It has since trained all its Beauty Experts there, inspiring them to be ambassadors for Guerlain excellence. Throughout the world, these Experts carry out treatments requiring tremendous technical skill, such as the 19-minute facial treatment, which is considered as an industry standard. Spurred on by its pioneering and enterprising vision, Guerlain has been developing massage techniques that combine tradition and innovation for the past 80 years.

With its years of know-how and expertise, Guerlain ensures that every single treatment is an outstanding and personalised experience. Guerlain Beauty Experts perform Guerlain protocols with perfect skill, while being attentive to each individual. The diagnosis stage allows the Experts to adapt their movements and pressure to meet precise needs and expectations. For a unique and absolutely unforgettable experience...



AN INDIVIDUAL APPROACH  
FOR INSTANTLY VISIBLE AND  
LASTING RESULTS



## AWAKENING THE SENSES

Inside an intimate cocoon, soothed by relaxing music, the senses are aroused and the mind is calmed. Before each treatment, Beauty Experts ask each guest to choose their own olfactory theme to create an atmosphere of relaxation and serenity. This theme helps to encourage gentle relaxation and to ensure that the journey to well-being is enjoyed to the full.

Rare orchids with outstanding longevity properties, healing bee products... Since it was founded, Guerlain has been inspired by nature, respectfully drawing on its sensoriality and effectiveness. This unique quest for perfection is echoed at every single Guerlain Spa. Inside each haven, complex rituals are performed to the most exacting standards, the result of extensive development and research. So that every single Guerlain treatment, throughout the world, is an unforgettable experience.

A MULTI-SENSORIAL EXPERIENCE  
WHERE PLEASURE  
MEETS EFFECTIVENESS

## EXCLUSIVE TREATMENT

Signed By Guerlain

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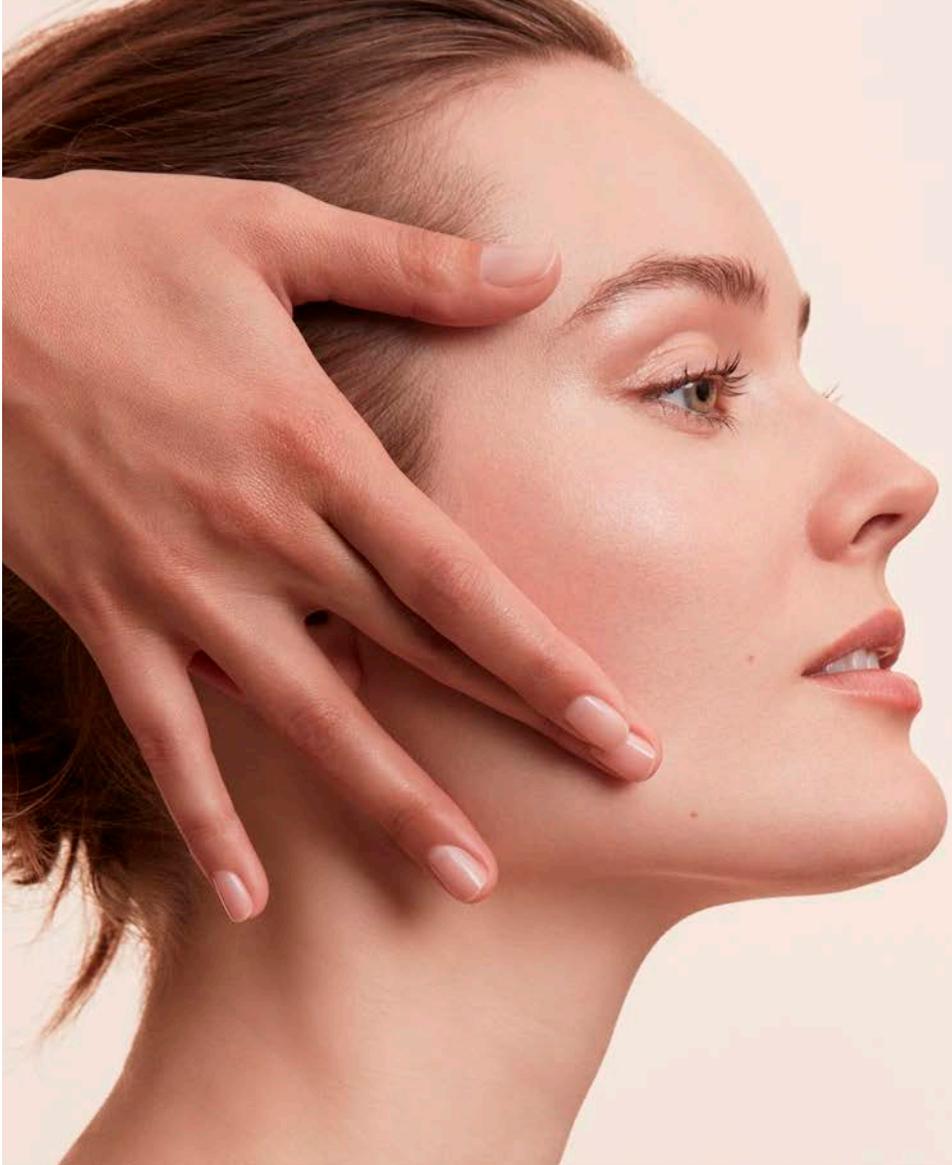
GUERLAIN HAS CREATED AN EXCLUSIVE EXPERIENCE FOR THE SAINT JAMES PARIS, OFFERING A TRUE RENEWAL FOR THE BODY AND MIND.

### DEDICACE GUERLAIN 1.5HRS - 2HRS

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In one hour and a half, Guerlain invites you to discover the sensoriality of its body treatments and the expertise of its facials. Each treatment is delivered with flawless efficiency maximizing sensorial pleasure to leave you with a feeling of complete well-being.

Allow Guerlain to restore youth and vibrancy to your features, let your body abandon itself to the rhythmic, expert hands of your Beauty Expert. Your face looks more luminous, the features are rested, a surprising combination of lightness and pressure envelops your body: you feel redynamised for the rest of the day.



LIGHT UP  
YOUR  
FACE

## EXCEPTIONAL COMPLETE ANTI-AGEING

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THE SELECTION OF ORCHIDÉE IMPÉRIALE  
TREATMENTS CONTINUES TO EVOLVE,  
FOR ENHANCED PLEASURE AND EFFECTIVENESS.

### **ULTIMATE BLACK ORCHID AGE REVERSE 1HR - 1.5HRS** 4 OR 8 SESSIONS

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The masterpiece of Guerlain treatment is a rare and precious luxury where the symbiosis of gestures and the power of Black Orchid work together to support the skin's self-preservation mechanisms. It is the ultimate talisman for preserving and prolonging youth, resulting in skin that glows with health and flawlessness.

### **IMPERIAL AGE REVERSE 1.5HRS**

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Guerlain is inspired by the prodigious longevity of the orchid to create its most complete exceptional anti-aging treatment, with highly regenerating and redensifying powers. The skin regains its perfect qualities to the eye and to the touch, it is soft, velvety, and sublime.

## YOUTH REPAIRING POWER

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PROVIDING OUTSTANDING NATURAL HEALING PROPERTIES, BEE PRODUCTS INSPIRED GUERLAIN TO CREATE TARGETED TREATMENTS TO COMBAT THE SIGNS OF AGEING.

### ROYAL HONEY REPAIR & RENEW 1.5HRS

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The Abeille Royale range offers all the healing benefits of bee products. By combining microdermabrasion with a purifying massage using warm plant-infused pouches, it intensely repairs the epidermis and illuminates the face. A true youth catalyst that acts on key skin reconstruction processes for a smoothing and firming effect.

### ROYAL HEAD RITUAL 1H

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This holistic massage deeply soothes the scalp, relieves muscular tension, and invites relaxation. A ritual imbued with serenity that repairs, protects, and sublimates the hair for a silky touch and infinite shine.

## THE ART OF TAILOR-MADE

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GUERLAIN HAS DESIGNED PERSONALISED MESSAGES  
TO MEET THE NEEDS OF ALL SKIN TYPES.  
WHERE TECHNICAL SKILL MEETS SOPHISTICATION.

### TAILOR-MADE TREATMENT 1H - 1.5HRS - 2HRS

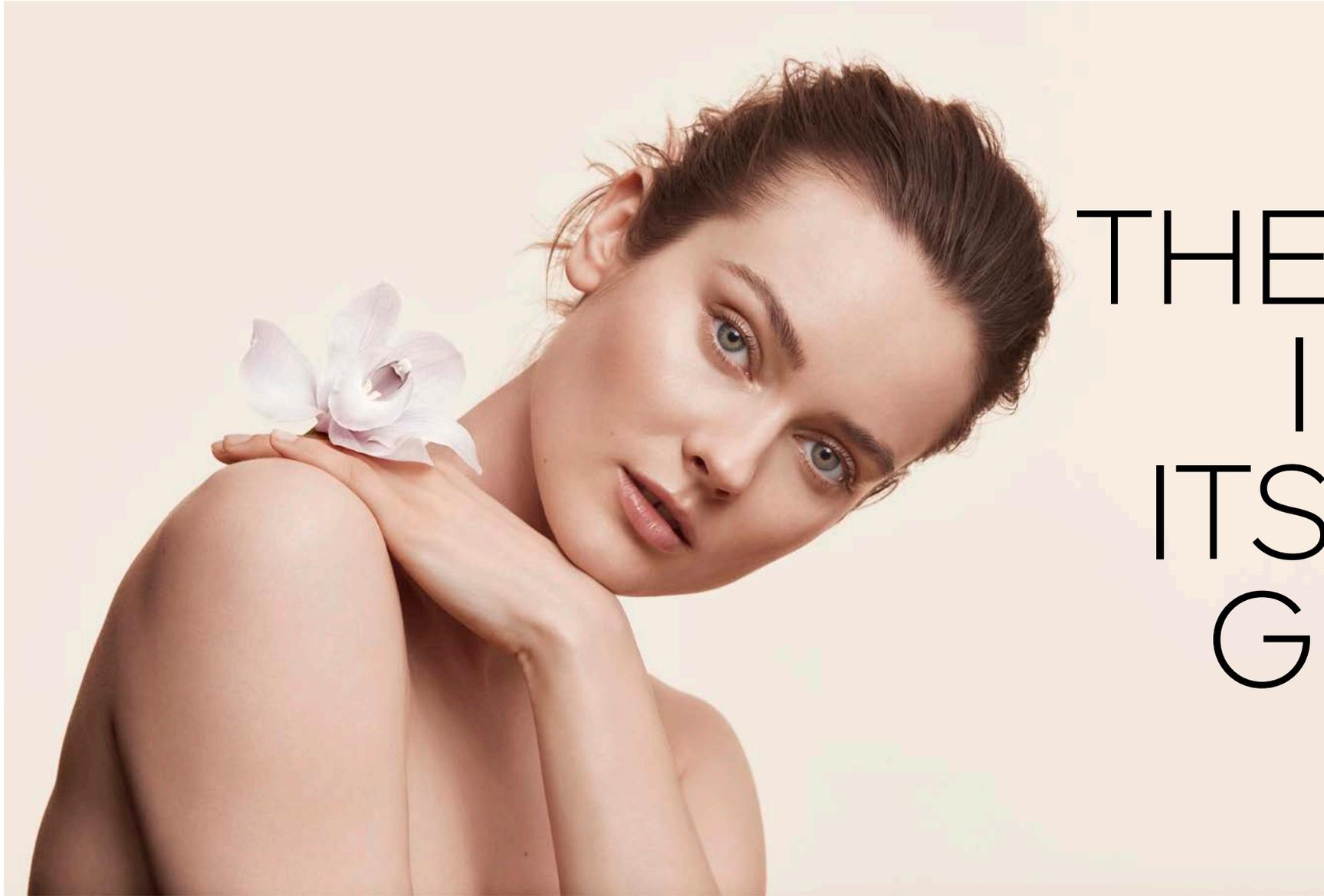
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A tailor-made facial treatment to create. Following a complete diagnosis, the Beauty Expert creates perfect blends to meet the needs of your face. Purifying, hydrating, re-densifying or regenerating, a treatment with infinite customization.

### IMPERIAL FACE SCULPT 1HR PROGRAMME OF 4 OR 8 SESSIONS

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The Imperial Face Sculpt treatment brings you all of Guerlain's facial expertise in one hour. This cutting-edge aesthetic sculpting massage restores firmness, glow and youth to the skin. With its deep muscular action, it shapes the facial contours, emphasizes the cheekbones, opens up the eyes and erases wrinkles. The facial foundations are deeply enhanced and natural glow is instantly restored. A revolutionary lifting effect to look younger for longer!



THE BODY  
IN ALL  
ITS  
GLORY

## INTENSE BODY ENHANCEMENT

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TREAT YOUR STRESSED AND WORN OUT BODY TO A WELL-DESERVED BEAUTY BREAK. AN EXTRAORDINARY EXPERIENCE OF PLEASURE AND WELL-BEING.

### IMPERIAL BODY SCULPT 1-1.5HRS PROGRAMME OF 4 OR 8 SESSIONS

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Kneading, rolling, rocking... This treatment combines the world's most effective techniques to refresh and liberate the body. Toxins are drained away, and blood circulation is improved. After the treatment, the legs and hips feel lighter, and the figure is naturally slimmer.

### INTENSIVE BODY THERAPY 2HRS

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Scrub, wrap, personalised massage... This treatment is an exceptional and sensual experience that deliciously enhances the body.

### BODY POLISH 1HR

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The skin is clear and refined, as soft as silk, with a surprisingly relaxing effect. The scrub is an invitation to well-being.

### PURE AND RADIANT BACK TREATMENT 1HR

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Experience a sublime sense of well-being during this deep steam cleansing of the back that purifies, hydrates and revitalises your skin.

## RELAXATION & ENERGY

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RELAX COMPLETELY OR BOOST YOUR ENERGY WITH THESE BODY MESSAGES INCORPORATING PRECISE AND BALANCED TECHNIQUES.

### **BACK MASSAGE 30 MINS**

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Experience a moment of peace with this unique and complete massage. From the upper neck to the lower back, all your tensions are relieved.

### **DEEP MUSCULAR MASSAGE 1-1.5HRS**

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This powerful ritual is based on five of the most effective ancestral methods in the world. It sculpts, strengthens and tones the muscles, releasing tension for deep relaxation.

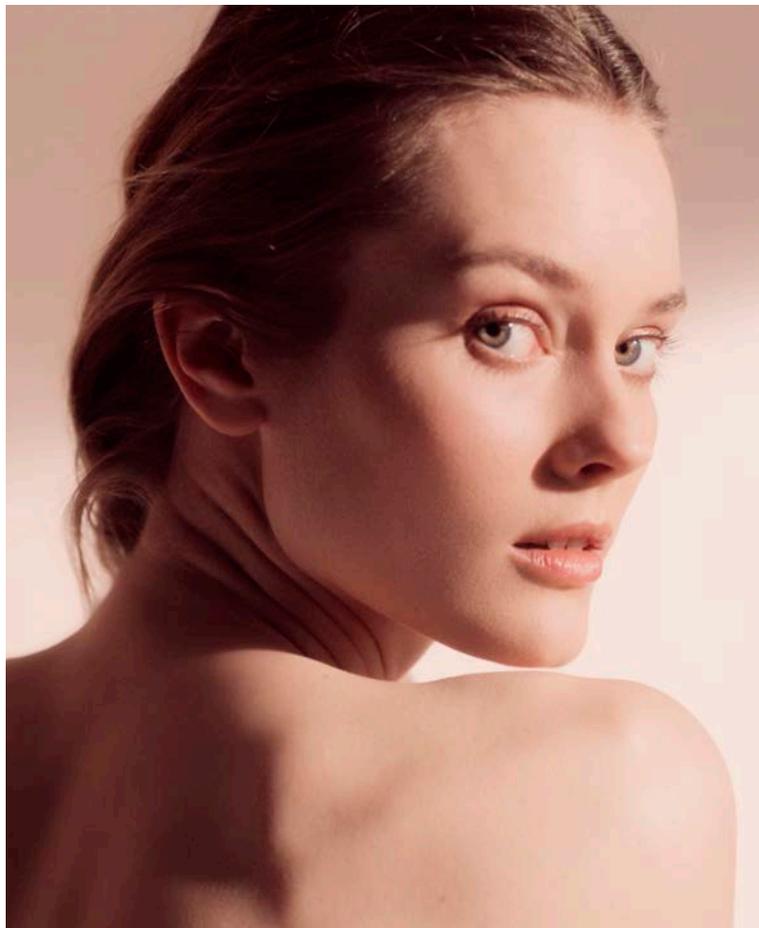
### **IMPERIAL RELAXING MASSAGE 1-1.5HRS**

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Paying tribute to Eau de Cologne Impériale, this signature Guerlain massage arouses all the senses. It stimulates circulation, promotes oxygenation and brings about irresistible relaxation.

## ABSOLUTE HARMONY

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FOR PERFECT HARMONY IN THE BODY AND MIND,  
GUERLAIN PRESENTS TWO HOLISTIC RITUALS  
FOCUSED ON WELL-BEING.

### VITAL ENERGY 1-1.5HRS

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Rebalance the body and mind with this completely unique composition. Based on friction and criss-cross techniques, it works on the ligaments and tendons like strings on a musical instrument. The joints are released, liberated; tissue oxygenation is improved. Restores flexibility and serenity.

### PRE/POST NATAL MASSAGE 1-1.5HRS

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Designed to improve the skin's elasticity and stimulate the circulation, this massage can be performed after the first trimester of pregnancy or when the baby is born.

UNIQUE  
EXPÉRIENCES



# HAND & FOOT TREATMENTS

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THEY ARE ON THE FRONT LINE! THE FEET AND HANDS SUFFER DAMAGE ON A DAILY BASIS. DON'T NEGLECT THEM, TREAT THEM TO THE CARE THEY DESERVE.

## COMPLETE HAND OR FOOT TREATMENT 45 MINS

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Gentle scrub, repairing cuticle treatment, a moisturising massage for the hands or feet... This treatment is perfect for those who want to look absolutely flawless, right down to the tips of their fingers. (without nail polish application)

## NAIL POLISH APPLICATION 20 MINS

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You will choose between a classic nail polish application or a gel nail polish Green Flash.

## WAXING

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On demand

## TREATMENTS FOR MEN

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LET GO OF STRESS AND STRAINS  
AND TAKE SOME TIME OUT TO TAKE CARE  
OF YOUR SKIN, BODY AND MIND.

### SKIN SAVER FACIAL 1.5 HRS

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This treatment includes a scrub, exclusive face massage, mask and eye contour treatment. It restores radiance and comfort to the face. A real confidence booster.

### ENERGIZING FACIAL 1 HR

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Sometimes the skin deserves a boost! This treatment includes a scrub, massage, mask, and eye contour treatment to restore freshness.

### INVIGORATED BREAK 1 HR

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Eager to relieve stress and boost your energy? This Invigorating Break for men-on-the-move includes an energizing body massage, a complete facial exfoliation and an eye contour treatment to reduce visible fatigue, restoring and replenishing skin's tone and elasticity.

### ULTIMATE EXPERIENCE 3 HRS

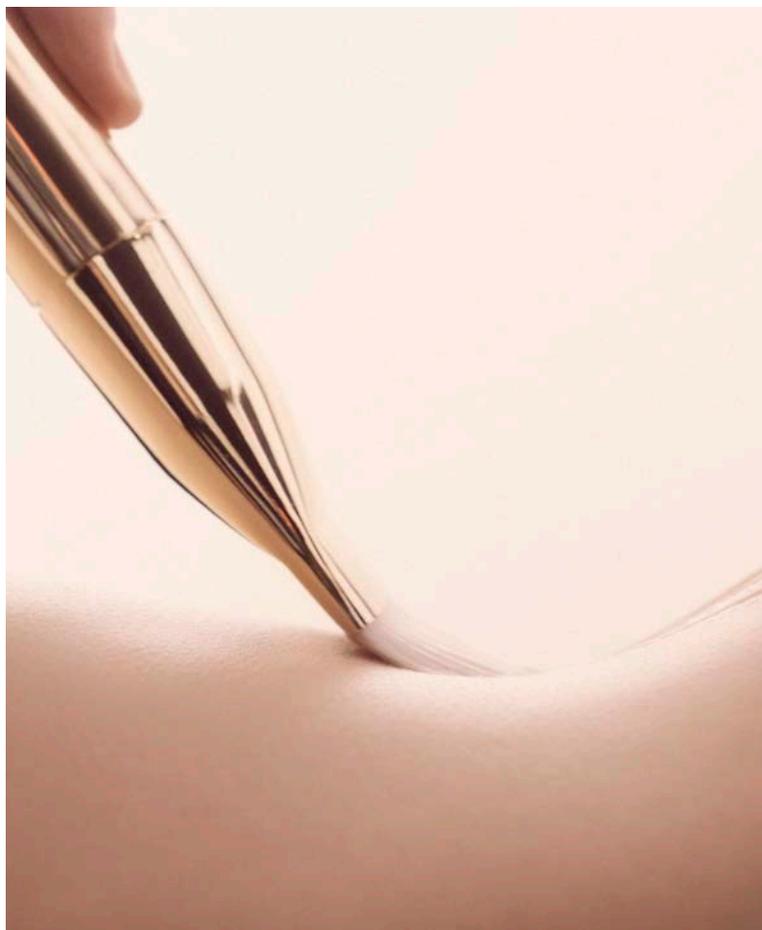
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For three blissful hours, Guerlain addresses all your needs, cocooning you in tranquillity with a revitalising facial, body massage, manicure or pedicure. Emerge replenished in a state of complete serenity – a whole new you.

All the other treatments in our catalogue are suitable and available for men.

## AN EXPERIENCE OF ABSOLUTE RELAXATION

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TREAT YOURSELF TO A DAY OR HALF-DAY PROGRAMME  
TO PAMPER YOUR BODY AND REPLENISH YOUR  
ENERGY, RADIANCE AND YOUTH.

### PRECIOUS MOMENT 3 HRS

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Imperial Relaxing Massage (1.5 hrs)  
Tailor-made Treatment (1.5 hrs)

### BOOST YOUR ENERGY 3 HRS

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Deep Muscular Massage (1.5 hrs)  
Honey Repair Treatment (1.5 hrs)

### LIFT YOUR FACE AND BODY 2.5 HRS

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Imperial Face Sculpt (1 hr)  
Deep Muscular (1 hr)  
Targeted Zone Rituals (30 mins)

### COCOONING BREAK 1-1.5 HRS

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Cure of 10 massages (1h or 1.5 hrs)  
These cures are valuable for a year.

# TREATMENTS & MASSAGES

## FACE

### ORCHIDÉE IMPÉRIALE TREATMENTS

Ultimate Black Orchid Age Reverse	1 hrs	270 €
	1.5 hrs	390 €
Imperial Age Reverse	1.5 hrs	280 €

### ABEILLE ROYALE TREATMENT

Royal Honey Repair & Renew	1.5 hrs	270 €
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### PERSONALISED TREATMENTS

Tailor-Made Treatment	1 hr	180 €
	1.5 hrs	245 €
	2 hrs	310 €

### AESTHETIC ANTI-AGEING MESSAGES

Imperial Face Sculpt	1 hr	185 €
• Imperial Face Sculpt Cure	8x1 hr	1250 €
	4x1 hr	670 €

Targeted Zone Rituals	30mins*	105 €
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\* 30 mins Eye Focus in addition to any other treatment.

## BODY

### INTENSE BODY ENHANCEMENT

Imperial Body Sculpt Treatment	1.5 hrs	235 €
	1 hr	170 €
• Imperial Body Sculpt Cure	8x1 hr	1170 €
	4x1 hr	620 €
Intensive Body Therapy	2 hrs	295 €
Body Polish	1 hr	165 €
Pure and Radiant Back Treatment	1 hr	165 €

### RELAXATION & ENERGY

Back Massage	30 min	85 €
Deep Muscular Massage	1.5 hrs	245 €
	1 hr	175 €
Imperial Relaxing Massage	1.5 hrs	235 €
	1 hr	165 €

Body Polish	1 hr	165 €
Royal honey repair head ritual	1 hr	180 €

## HAND & FOOT

### HAND & FOOT TREATMENTS

Complete Hand or Foot Treatment	45 mins	120 €
(without nail polish application)		
Nail Polish application	20 mins	40 €

## WAXING

### WAXING

Upper Lip / Under Arm / Eyebrows (maintenance)	15 mins	40 €
Eyebrows (creation) / Half-Leg / Half-Arm	30 mins	65 €
Full Arm / Torso / Back	45 mins	90 €
Full Leg	1 hr	95 €
Bikini	15 mins	45 €
Brazilian	30 mins	75 €

## HALF-DAY METAMORPHOSIS

### PRECIOUS MOMENT **3 hrs 390 €**

Tailor-made Treatment	1.5 hrs
Imperial Relaxing Massage	1.5 hrs

### BOOST YOUR ENERGY **3 hrs 460 €**

Deep Muscular Massage	1.5 hrs
Honey Repair Treatment	1.5 hrs

### LIFT YOUR FACE & BODY **2.5 hrs 400 €**

Imperial Face Sculpt	1 hr
Deep Muscular Massage	1 hr
Targeted Zone Rituals	30 mins

### COCOONING BREAK

Cocooning Break	10x1 hr	1550 €
	10x1.5 hrs	2100 €

## EXCLUSIVE TREATMENT

### SIGNATURE EXPERIENCE

Dedicace Guerlain	1.5 hrs	235 €
	2 hrs	295 €

## TREATMENTS FOR MEN

### FACE

Skin Saver Facial	1.5 hrs	245 €
Energizing Facial	1 hr	180 €

### FACE & BODY

Invigorated Break	1 hr	180 €
Ultimate Experience	3 hrs	445 €

## Opening Hours from Monday to Sunday

### TREATMENTS

9:30 am - 7:30 pm

FACILITIES AM PM

#### External Guest

Swimming pool & fitness facilities	10:30	7:30
Members & Hotel Guest		
Fitness facilities	8:00	9:00
Swimming pool	7:30	9:30

The duration indicated includes the time of beauty diagnosis, treatment, personalized advices, undressing and dressing.

The minimum age requirement for access to the fitness is 18 - For the aqua facilities minors must be accompanied by an adult.

# TERMS AND CONDITIONS OF SALE

## **YOUR CUSTOMISED SPA**

Transform a Guerlain Spa into your own exclusive setting for an afternoon of treatments with friends, or any other specific request. We are here to make your dreams come true. Don't hesitate to contact us for a customised offer.

## **GUERLAIN BEAUTY BREAKS**

Treat someone special to an unforgettable and luxurious experience with Guerlain Spa Beauty Breaks. Choose your gift from a wide selection of treatments and products by Guerlain.

## **GUERLAIN AESTHETIC MASSAGE**

The massages we offer are for beauty and aesthetic purposes. If you are looking for therapeutic massages, we recommend consulting a physician for advice.

## **TREATMENT DURATION**

For efficient planning, the duration times listed correspond to the treatment time inside the Spa. To make the most of your experience, we suggest you arrive 10 minutes before your scheduled appointment time.

## **PEACE OF MIND**

In order for you to experience your Spa visit with complete peace of mind, we have safes available in each of our treatment rooms for you to store your personal valuables.

## **A TRANQUIL SETTING**

Our Spa is a place to relax and unwind, so we kindly ask you turn off your mobile telephones in order to make the most of your experience and preserve the peaceful environment for other visitors.

## **BOOKINGS, CANCELLATIONS AND LATENESS**

In order for us to guarantee availability, we recommend that you make your appointment well in advance of your chosen date. If you are not able to attend, please cancel your appointment with at least 24 hours' notice. Otherwise, we will be obliged to charge you for the price of the treatment you had scheduled. Naturally, if we were in the unfortunate position of having to cancel your appointment with less than 24 hours' notice, we would compensate you for the amount of the treatment. If you are delayed, we will make every effort to offer you the treatment you have booked, if our schedule allows. However, if this is not possible, we will have to cut your treatment short and finish at the scheduled time.

## **SPA GUERLAIN**

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