



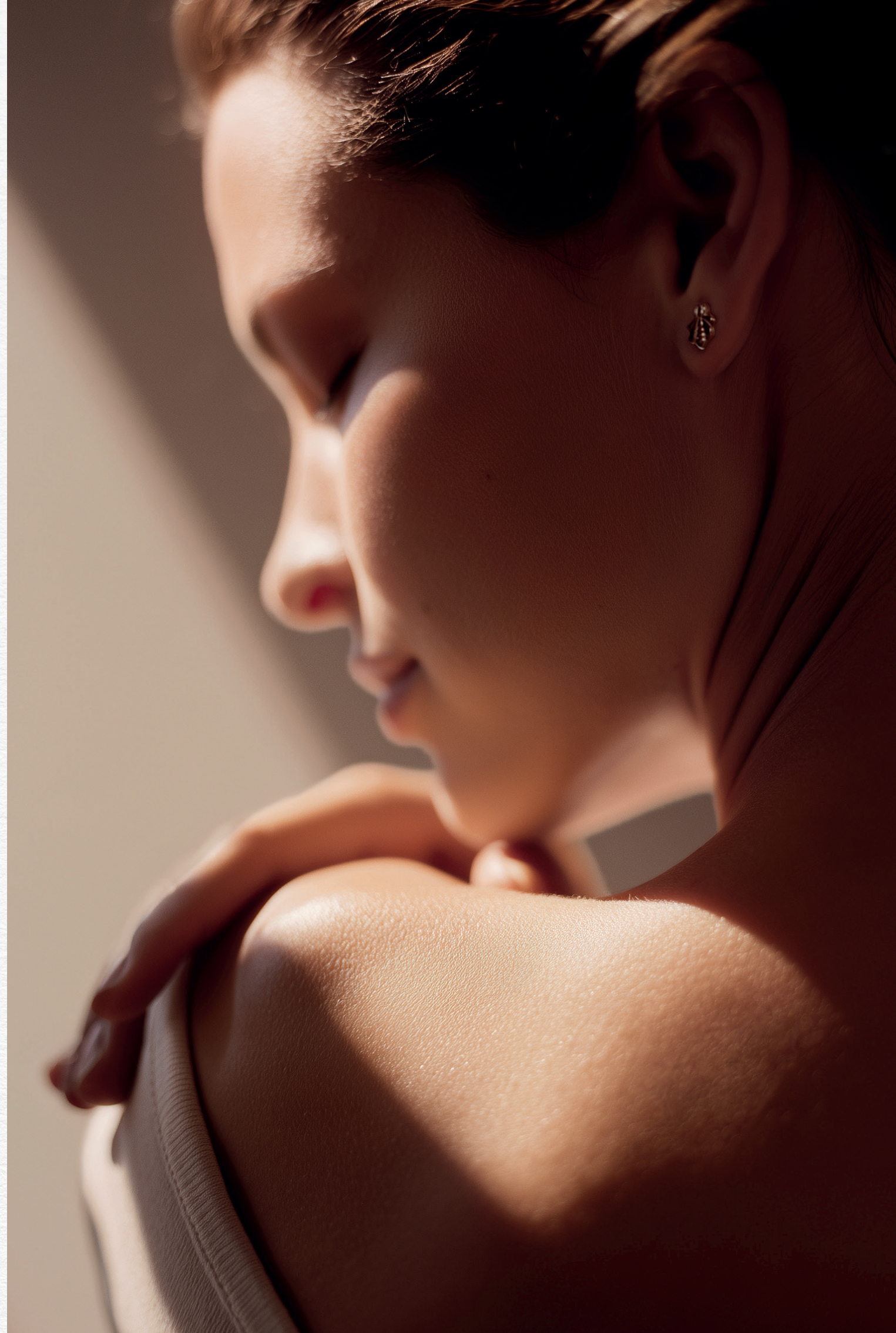
GUERLAIN
SPA



saint james
PARIS

GUERLAIN
PARIS

AT GUERLAIN,
WELLNESS IS AN ART





THE ART OF WELLNESS AND LONGEVITY

Guerlain redefines the boundaries of well-being through a holistic philosophy that intimately intertwines beauty, preventive health, and longevity. Each treatment becomes a step in a personalized journey that nurtures the body, restores emotional balance, and supports long-term vitality. Our thoughtfully curated retreats and programs are built around the four foundational pillars of Guerlain wellness: Nutrition, Movement, Sleep, Mindfulness. Guerlain's expertise, exclusive aesthetic innovations, and the world's most advanced wellness technologies combine to bring this transformative vision to life.

KNOW-HOW & DARING

Guerlain's bold vision of wellness began in 1850, when the founder of the Maison created one of the first thermal well-being centers in northern France, in Le Crotoy. This pioneering initiative began a holistic approach to beauty and care. Since the opening of its first Institute in 1939, Guerlain has continuously pushed the limits of excellence, blending audacity with precision. Each Guerlain Wellness Expert is trained in Maison's renowned protocols, mastering the gestures that have shaped the heritage of French spa artistry. Whether through our iconic facial treatments like Imperial Face Sculpt or full-body rituals that evolve with the client's needs, every treatment is a masterpiece of personalization, delivered with finesse and intuition.

THE PRODIGIOUS CHEMISTRY OF NATURE

The natural world lies at the heart of Guerlain skincare, embodied by two of its most extraordinary wonders: the orchid and the bee. Drawing from the orchid's exceptional longevity and the bee's remarkable regenerative power, Guerlain has developed a singular expertise that unites nature with innovation. Through decades of devoted research, the Maison has distilled the essence of these natural treasures, transforming their innate powers into potent rituals that regenerate, repair, and illuminate the skin. These powers are brought to life through immersive, multi-sensory experiences within the serene sanctuary of our Guerlain spa.

Romantic by nature, Parisian by excellence! Part château, part family townhouse, the Saint James Paris is a legendary address, tucked away from prying eyes. Altogether a Relais & Châteaux member hotel and a private club, it cultivates the quintessential Parisian art de vivre, reconciling paradoxes with elegance and feather-light touch. Grandiose and intimate. Romantic and exclusive.

Fully renovated in 2021, the Saint James Paris hosts the prestigious Maison Guerlain in its Spa combining exclusivity and excellence and stretching over 400 square meters and two floors. It offers two handsome treatment rooms including one double, a fitness room and a well-being area with a hammam, a sauna, a whirlpool and a sublime surprise: a sumptuous 15 x 4 metre swimming pool. The majestic Burgundy stone staircase, large vaulted spaces, Greco-Roman details and a bas-relief by François Mascarello alongside the pool transport you to a luxurious and peaceful universe.

Guests of the Spa benefit from the well-being area one to two hours before their appointment time in case they book a treatment of minimum one hour and a half long.

Discover the Guerlain treatments, a perfect union of effective know-how and aesthetic expertise. Take advantage of the specific attentions of the Saint James Paris and savour an unforgettable moment of well-being.



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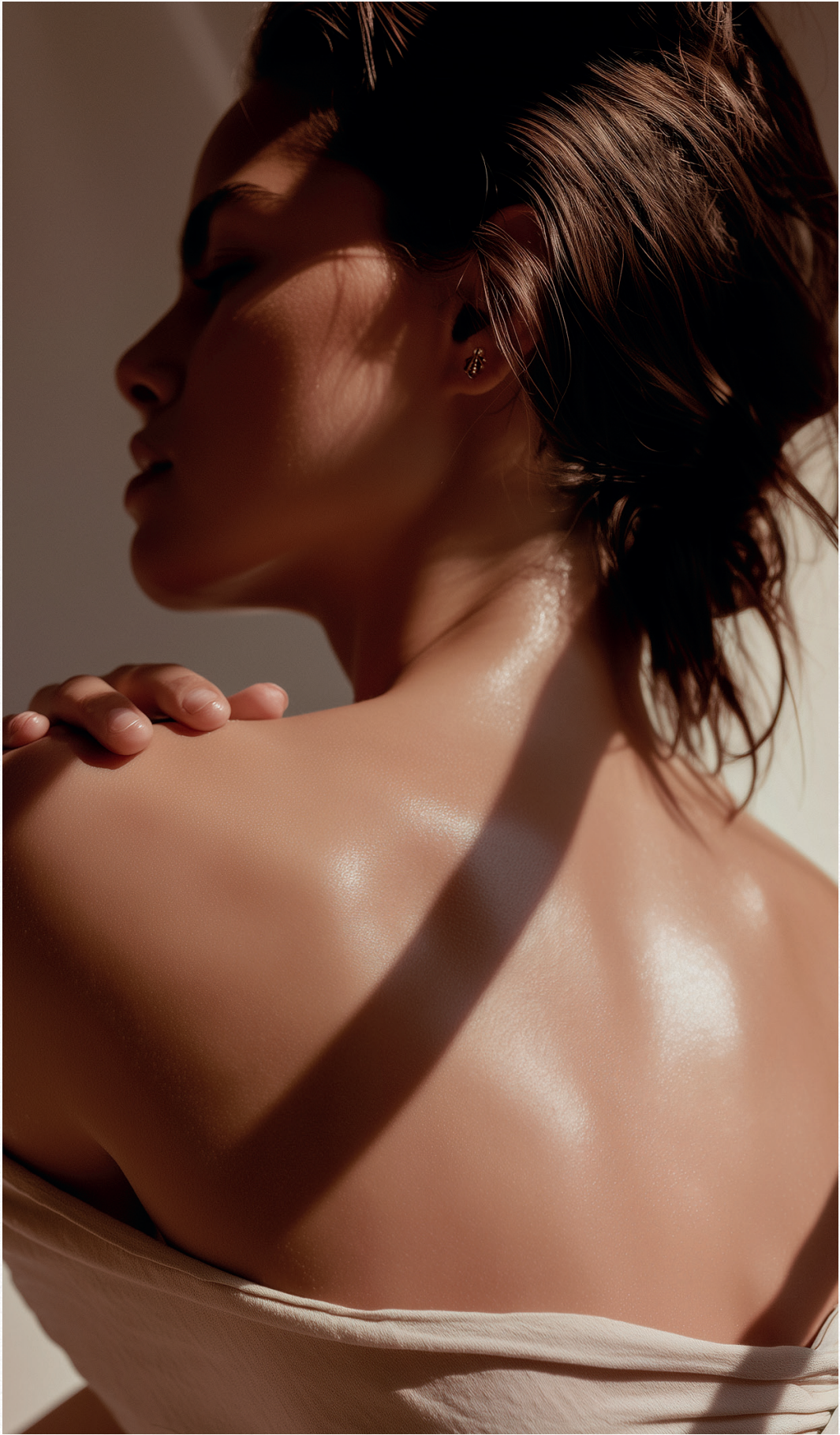
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Please visit [guerlain.com](https://www.guerlain.com) for service pricing and to book your Guerlain Wellness Spa experience.





EXCLUSIVE
TREATMENT

EXCLUSIVE TREATMENT

THE PARISIAN GARDEN

1HR30 • 2HRS

Step through the gates of a hidden garden where time seems to stand still. This bespoke ritual combines expert touch, luxurious textures, and Guerlain fragrances to awaken the senses and restore a deep sense of well-being. The complexion emerges fresh, radiant, and glowing with vitality.





TAILOR-MADE
FACIALS



TAILOR-MADE FACIALS

THE TAILOR-MADE TREATMENT

1HR • 1HR30 • 2HRS

A tailor-made facial treatment designed just for you. After a thorough skin diagnosis, our Wellness Expert formulates a personalized selection of products to address your specific facial needs. This treatment offers limitless customization, whether purifying, hydrating, re-densifying, or regenerating.

IMPERIAL FACE SCULPT

1HR • PROGRAM OF 4 OR 8 SESSIONS

Combining a precise facial and morphological analysis with expert massage techniques, this advanced sculpting treatment restores firmness, radiance, and youthful vitality to your skin. Through deep muscular work, it redefines facial contours, lifts cheekbones, opens the eyes, and smooths fine lines and wrinkles: a powerful touch, expertly delivered, for a flawless lifting effect.

ROYAL HONEY REPAIR & RENEW

1HR30

This facial treatment, infused with the healing properties of honey, is an indulgent and restorative escape that envelops the skin in soothing comfort. A harmonious fusion of pressure point massage and warm herbal compresses reawakens cellular renewal and calms the mind. Skin is left luminous and revitalized, glowing with youthful radiance.

ORCHIDÉE IMPÉRIALE AGE REVERSE

ULTIMATE YOUTH TALISMAN

1HR30 • 2HRS

The masterpiece of Guerlain skincare, refinement in its purest form, where the symbiosis of expert gestures and the power of the Black Orchid supports the skin in its self-preservation mechanisms. The ultimate talisman for preserved youth and skin radiant with vitality.

GOLDEN AURA

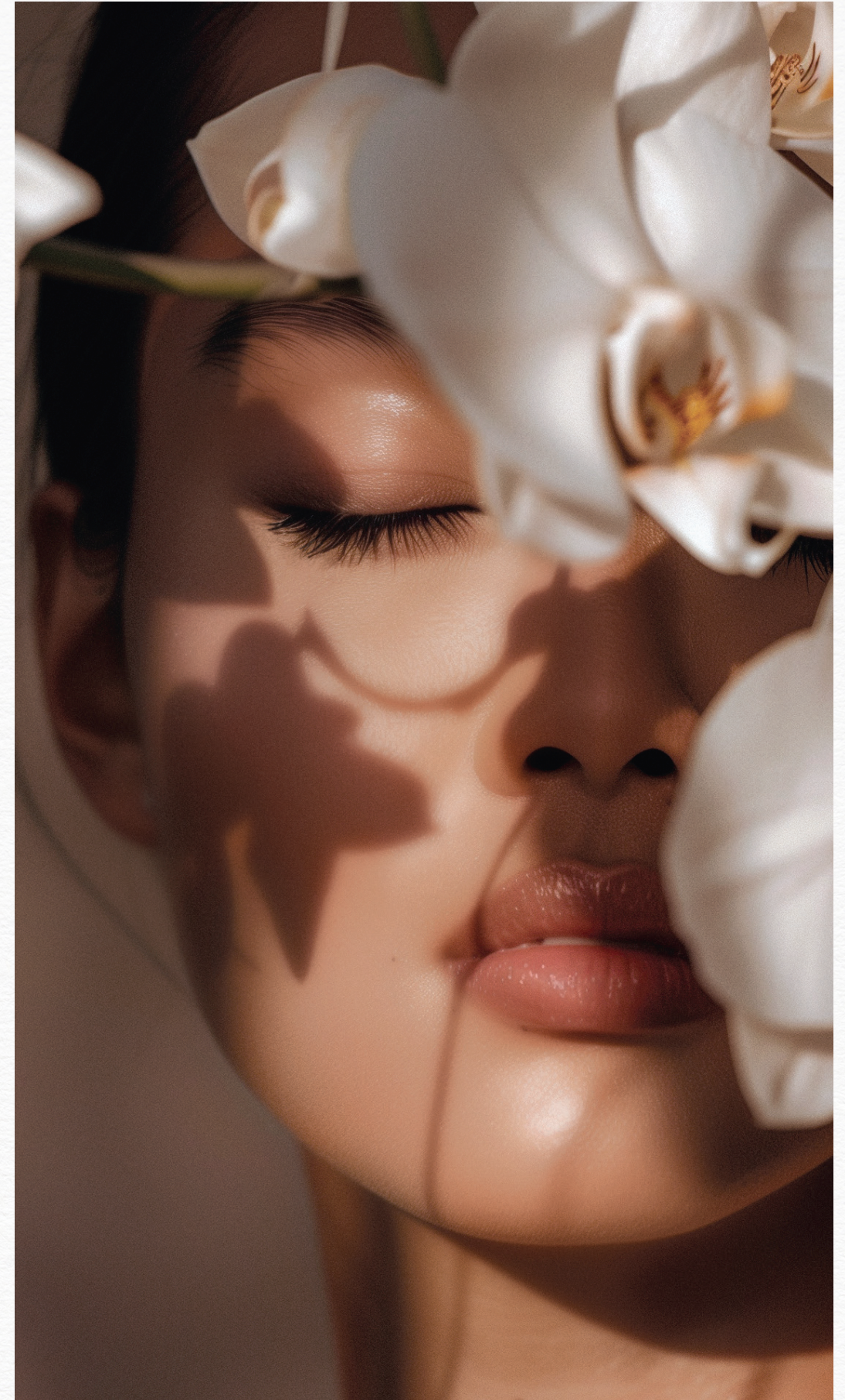
1HR30 • 2HRS

Harnessing the extraordinary power of the Gold Nobile Orchid, native to the Himalayan region, this anti-aging facial restores luminosity and youthful vitality to the skin. It blends the precision of digit pressure with the time-honored art of gua sha to sculpt facial contours, boost oxygenation, and revitalize at the cellular level. Expert lymphatic techniques yield visible results, including lifted features, a flawless and radiant glow, and a luminous, youthful aura.

IMPERIAL LONGEVITY

1HR30 • 2HRS

Drawing inspiration from the orchid's remarkable longevity, Guerlain has created its most exceptional and complete anti-aging treatment, an extraordinary ritual with intense regenerating and re-densifying powers. While regaining its ideal texture and radiance, the skin feels irresistibly soft, velvety, and sublimely beautiful to the eye and touch.





MASSAGE &
BODY THERAPY



RELAXATION & ENERGY MESSAGES

DEEP MUSCULAR MASSAGE

1HR • 1HR30

Experience an intensive massage that restores the body's natural flexibility through deep tissue techniques, targeted pressure, and revitalizing stretches. It releases deep-seated tension, improves circulation, and leaves you feeling profoundly recharged and renewed.

IMPERIAL RELAXING MASSAGE

1HR • 1HR30

Inspired by the timeless elegance of Eau de Cologne Impériale, this signature Guerlain massage awakens the senses and renews the body. Expertly designed to stimulate circulation and enhance oxygenation, it delivers a deeply soothing experience that melts away tension and instills a sense of irresistible relaxation.

MOTHERS MASSAGE

1HR • 1HR30

This soothing massage combines comfort and deep relaxation for expecting mothers. A gentle massage to improve skin elasticity and stimulate circulation, ideal for after the first trimester or in early motherhood.

SCULPT & PAMPER TREATMENTS

IMPERIAL BODY SCULPT

1HR • 1HR30 • PROGRAM OF 4 OR 8 SESSIONS

Powerful and instantly transformative, this slimming treatment sculpts the body, diminishes cellulite, and detoxifies through expert drainage and deep kneading techniques. These intense, targeted motions stimulate metabolism and promote lasting results, naturally reshaping the silhouette with smoother, more harmonious curves. Experience a refined contour and renewed vitality that radiates confidence.

BODY POLISH

1HR

Experience the ultimate ritual of renewal as you exfoliate the skin to reveal a flawlessly smooth, radiant glow. This indulgent polish refines the skin's texture, making it soft and silky. Envelop yourself in a sensorial journey that refreshes the body and uplifts the spirit.

ADDICTIVE RITUALS*

30MIN

These rituals enhance each treatment by targeting specific areas.

- | | |
|-------------------------|----------------------|
| • EYE REFRESHING RITUAL | • VELVET HAND RITUAL |
| • BACK RELAX RITUAL | • BODY POLISH |
| • HAIR REPAIR RITUAL | • POWER MAT RITUAL |

* As a complement to another treatment.





TREATMENTS FOR MEN

SKIN SAVER FACIAL

1HR30

This revitalizing facial combines a deep-cleansing scrub, an expertly crafted massage, and a rejuvenating mask to restore your skin's natural radiance and comfort. The treatment is completed with targeted eye contour care to refresh and brighten, leaving your complexion visibly renewed, soothed, and impeccably refined. Experience a moment of pure indulgence tailored to the modern man's skincare needs.

ENERGIZING FACIAL

1HR

Awaken your skin with this revitalizing treatment tailored to your unique needs. A gentle yet effective scrub clears away impurities, followed by a deeply relaxing massage that helps invigorate circulation. A nourishing mask and specialized eye contour care complete the ritual, restoring freshness, clarity, and radiant vitality to your complexion.

MUSCULAR ENERGY

1HR • 1HR30

This aesthetic massage stretches the muscles, leaving them suppler, and also works on circulation to balance the body and mind.

RELAXING FORCE

1HR • 1HR30

This signature Guerlain massage engages all the senses through precise, flowing gestures. It revitalizes circulation, supports oxygenation, and delivers an intense and memorable sense of serenity and relaxation.

All other treatments are also available for men.



STYLE & CARE
GROOMING

HAND & FOOT TREATMENTS

COMPLETE HAND OR FOOT TREATMENT

1HR

Gentle scrub, repairing cuticle treatment, a paraffin bath, a moisturising massage for the hands or feet and nail polish application... To be perfect to the nails.

INTENSIVE HAND OR FOOT TREATMENT

1HR30

Pamper your hands or feet with this complete repairing treatment thanks to the application of a specific concentrate, a mask, and nail polish application. A real moment of pleasure.

INTENSIVE HAND & FOOT TREATMENT

2HRS

Hands and feet are constantly in use and often neglected, yet require very special attention. Guerlain indulges them with the very best, a complete treatment to repair, soften and enhance...





EXCEPTIONAL
MOMENTS

KIDS EXPERIENCES

MY FIRST GUERLAIN MOMENT

30 MIN

Be as beautiful as mum: experiment with colours, put on pretty make-up and learn about the Guerlain Art of Perfume... the perfect opportunity to play princess in front of the mirror.

FAMILY TOGETHERNESS

30 MIN • 1HR

Share an exceptional massage experience with mom, dad, or your siblings and make memories to treasure.





PRECIOUS ESCAPE

MOM TO BE

3HRS

This soothing ritual combines comfort, beauty, and deep relaxation for expecting mothers. It includes a gentle massage to improve skin elasticity and stimulate circulation, ideal after the first trimester or in early motherhood; a one-hour foot treatment that eases tension and brings lightness to tired legs and feet; and a Tailor-Made facial to address your specific needs.

SCULPT YOUR FACE & BODY

2HRS30

Imperial Face Sculpt (1hr) • Imperial Body Sculpt (1hr) • Focus Rituals (30 min).

BOOST YOUR ENERGY

2HRS30

Golden Aura (1hr30) • Deep Muscular Massage (1hr).

SHINE WITH BEAUTY

3HRS30

Tailor-made Treatment (1hr) • Body Polish (30 min) • Imperial Relaxing Massage (1hr) • Complete Hand or Foot Treatment (1hr).

✿ EXCLUSIVE TREATMENT

EXCLUSIVE TREATMENT

THE PARISIAN GARDEN	1HR30 • 2HRS	260€ • 320€
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✿ TAILOR-MADE FACIALS

TAILOR-MADE FACIALS

THE TAILOR-MADE TREATMENT	1HR	200€
	1HR30	280€
	2HRS	360€
IMPERIAL FACE SCULPT	1HR	200€
IMPERIAL FACE SCULPT PROGRAM	4 • 8 SESSIONS	720€ • 1 440€
ROYAL HONEY REPAIR & RENEW	1HR30	280€

ORCHIDÉE IMPÉRIALE AGE REVERSE

ULTIMATE YOUTH TALISMAN	1HR30 • 2HRS	450€ • 550€
GOLDEN AURA	1HR30 • 2HRS	310€ • 390€
IMPERIAL LONGEVITY	1HR30 • 2HRS	280€ • 360€

✿ MASSAGE & BODY THERAPY

RELAXATION & ENERGY MESSAGES

DEEP MUSCULAR MASSAGE	1HR • 1HR30	190€ • 250€
IMPERIAL RELAXING MASSAGE	1HR • 1HR30	190€ • 250€
MOTHERS MASSAGE	1HR • 1HR30	190€ • 250€

SCULPT & PAMPER TREATMENTS

IMPERIAL BODY SCULPT	1HR • 1HR30	200€ • 260€
IMPERIAL BODY SCULPT • PROGRAM 60 MIN	4 • 8 SESSIONS	720€ • 1 440€
BODY POLISH	1HR	170€
ADDICTIVE RITUALS	30 MIN	70€ • 110€

TREATMENTS FOR MEN

SKIN SAVER FACIAL	1HR30	280€
ENERGIZING FACIAL	1HR	200€
MUSCULAR ENERGY	1HR • 1HR30	190€ • 250€
RELAXING FORCE	1HR • 1HR30	190€ • 250€

✿ STYLE & CARE GROOMING

HAND AND FOOT TREATMENTS		
COMPLETE HAND OR FOOT TREATMENT	1HR	170€
INTENSIVE HAND OR FOOT TREATMENT	1HR30	230€
INTENSIVE HAND & FOOT TREATMENT	2HRS	300€

✿ EXCEPTIONAL MOMENTS

KIDS EXPERIENCE		
MY FIRST GUERLAIN MOMENT	30 MIN	90€
FAMILY TOGETHERNESS - 2 PERSONS	30 MIN • 1HR	220€ • 380€

PRECIOUS ESCAPE		
MOM TO BE	3HRS	560€
SCULPT YOUR FACE & BODY	2HRS30	510€
BOOST YOUR ENERGY	2HRS30	500€
SHINE WITH BEAUTY	3HRS30	670€



Opening hours from Monday to Sunday

TREATMENTS

From 9:30 am to 7:30 pm

FACILITIES

External Guest

Swimming pool • From 9:30 am to 7:30 pm

Members & Hotel Guest

Swimming pool • From 8:00 am to 9:00 pm

Fitness facilities • From 7:30 am to 9:30 pm

TREATMENT DURATION

For efficient planning, the duration times listed correspond to the treatment time inside the Spa. To make the most of your experience, we suggest you arrive 10 minutes before your scheduled appointment time.

A TRANQUIL SETTING

Our Spa is a place to relax and unwind, so we kindly ask you to turn off your mobile telephones in order to make the most of your experience and preserve the peaceful environment for other visitors.

GUERLAIN AESTHETIC MASSAGE

The massages we offer are for beauty and aesthetic purposes. If you are looking for therapeutic massages, we recommend consulting a physician for advice.

WELLNESS FACILITIES ACCESS

External Guests: Access to the facilities is included with the purchase of any treatment lasting a minimum of 90 minutes per person and is limited to 1 hour and 30 minutes prior to the scheduled treatment time. The fitness area is exclusively reserved for Members and Hotel Guests. Unaccompanied minors are not permitted to access the treatments, wellness facilities, or fitness area.

TAILOR-MADE ESCAPES

Treat someone special to an unforgettable and luxurious experience at the Guerlain Spa. Choose your gift from a wide selection of treatments and products by Guerlain. Gift cards for a specific treatment are valid for 6 months from the date of purchase. Open-value gift cards are valid for 12 months from the date of purchase. Gift cards are valid for a single use only, are non-refundable, non-exchangeable, and non-transferable. After the expiry date, no refund, including partial refunds, will be granted, and the treatment or service can no longer be redeemed.

BOOKINGS, CANCELLATIONS AND LATENESS

In order for us to guarantee availability, we recommend that you make your appointment well in advance of your chosen date. If you are not able to attend, please cancel your appointment with at least 24 hours notice. Otherwise, we will be obliged to charge you for the price of the treatment you had scheduled. Naturally, if we were in the unfortunate position of having to cancel your appointment with less than 24 hours' notice, we would compensate you for the amount of the treatment. If you are delayed, we will make every effort to offer you the treatment you have booked, if our schedule allows. However, if this is not possible, we will have to cut your treatment short and finish at the scheduled time.

GUEST RESPONSIBILITY, SAFETY & DISCLAIMERS

NON-MEDICAL NATURE OF TREATMENTS & SERVICES

All treatments offered are designed for relaxation, wellness, and beauty enhancement. They are non-medical in nature and are not intended to diagnose, treat, or cure any condition. No invasive procedures or clinical interventions are performed.

MASSAGES & HOLISTIC EXPERIENCES

Massages and wellness rituals (mindfulness, breathwork, sleep rituals, etc.) are non-therapeutic and not a substitute for medical care. Guests experiencing pain, injury, or health concerns should consult a licensed physician before booking.

NUTRITIONAL & LIFESTYLE COACHING

Any advice provided during assessments is for general wellness and informational purposes only. Please consult your doctor or a registered dietitian before making changes to your health or diet.

MEDICAL CONDITIONS & CONTRAINDICATIONS

If you are pregnant, have a medical condition, or have had recent surgery, please inform us in advance. Some treatments may be unsuitable or require prior medical approval.

TECHNOLOGY-BASED TREATMENTS

Our advanced aesthetic devices (radiofrequency, LED, cryotherapy, etc.) are cosmetic and wellness-focused only. They are not medical treatments. Guests with pacemakers, metal implants, epilepsy, recent injectables, or skin conditions must consult a physician beforehand.

PRACTITIONER SCOPE & SAFETY

All team members operate strictly within the limits of their training and certification. Your safety is our priority — please inform us of any allergies, sensitivities, or health issues. We reserve the right to decline treatment if safety is compromised.

EXPECTED RESULTS & LIMITATIONS

Treatment results may vary depending on individual factors such as skin type and lifestyle. While we strive for excellence, no results can be guaranteed.

NO MEDICAL CLAIMS

Our treatments are grounded in cosmetic performance, sensorial experience, and traditional wellness — not medical efficacy.

INFORMED CONSENT & LIABILITY

By booking a service, guests acknowledge they do so voluntarily, understand the nature of the treatment, and accept responsibility for informing us of any relevant health conditions. A signed consent form may be required.

SPA ETIQUETTE

Our Wellness Experts provide strictly professional treatments. Any inappropriate behavior will lead to the immediate termination of the treatment, with no refund, and the guest will no longer be permitted to book at our Spa.

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